

Alcatraz Island, CA - Jun 2086

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	2:17	5.7	4:32	4.8	9:09	-0.9	9:22	2.8	5:49	8:26	
2	Sun	3:09	5.3	5:17	4.9	9:56	-0.6	10:33	2.5	5:48	8:27	
3	Mon	4:11	4.9	6:03	5.2	10:46	-0.2	11:50	2.1	5:48	8:27	
4	Tue	5:26	4.4	6:49	5.5	11:40	0.3			5:48	8:28	
5	Wed	6:52	4.1	7:35	5.8	1:05	1.5	12:36	0.8	5:47	8:29	
6	Thu	8:20	4.0	8:21	6.2	2:12	0.8	1:33	1.3	5:47	8:29	
7	Fri	9:41	4.1	9:06	6.5	3:10	0.1	2:30	1.8	5:47	8:30	
8	Sat	10:51	4.3	9:52	6.7	4:03	-0.6	3:26	2.1	5:47	8:30	
9	Sun	11:51	4.6	10:37	6.8	4:52	-1.0	4:20	2.4	5:47	8:31	
10	Mon			12:45	4.8	5:38	-1.3	5:13	2.6	5:47	8:31	
11	Tue			1:34	4.9	6:23	-1.4	6:05	2.7	5:47	8:32	
12	Wed	12:08	6.6	2:21	4.9	7:07	-1.3	6:57	2.7	5:47	8:32	
13	Thu	12:53	6.3	3:05	5.0	7:49	-1.1	7:50	2.7	5:47	8:33	
14	Fri	1:37	5.9	3:48	5.0	8:30	-0.8	8:44	2.7	5:47	8:33	
15	Sat	2:22	5.5	4:29	5.0	9:11	-0.5	9:43	2.6	5:47	8:33	
16	Sun	3:10	5.0	5:09	5.0	9:52	0.0	10:47	2.5	5:47	8:34	
17	Mon	4:02	4.4	5:49	5.0	10:34	0.5	11:54	2.2	5:47	8:34	
18	Tue	5:05	3.9	6:28	5.2	11:19	1.0			5:47	8:34	
19	Wed	6:22	3.6	7:06	5.3	1:00	1.9	12:07	1.6	5:47	8:34	
20	Thu	7:51	3.4	7:45	5.5	1:59	1.4	12:58	2.0	5:47	8:35	
21	Fri	9:16	3.5	8:24	5.7	2:51	1.0	1:51	2.4	5:48	8:35	
22	Sat	10:25	3.8	9:04	5.9	3:36	0.5	2:42	2.7	5:48	8:35	
23	Sun	11:18	4.0	9:44	6.1	4:16	0.1	3:30	2.9	5:48	8:35	
24	Mon			12:03	4.2	4:54	-0.3	4:15	3.0	5:49	8:35	
25	Tue			12:44	4.4	5:31	-0.7	4:59	3.0	5:49	8:35	
26	Wed			1:22	4.6	6:08	-0.9	5:43	2.9	5:49	8:36	
27	Thu			2:00	4.8	6:46	-1.1	6:29	2.8	5:50	8:36	
28	Fri	12:33	6.4	2:37	4.9	7:25	-1.2	7:18	2.7	5:50	8:36	
29	Sat	1:19	6.2	3:15	5.1	8:05	-1.1	8:11	2.5	5:50	8:36	
30	Sun	2:09	5.9	3:55	5.3	8:46	-0.8	9:11	2.3	5:51	8:35	