

Alcatraz Island, CA - Jul 2086

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:04	5.4	4:36	5.6	9:29	-0.3	10:18	1.9	5:51	8:35	
2	Tue	4:07	4.8	5:19	5.8	10:16	0.3	11:31	1.5	5:52	8:35	
3	Wed	5:23	4.3	6:06	6.1	11:06	1.0			5:52	8:35	
4	Thu	6:53	3.9	6:56	6.3	12:46	1.0	12:03	1.6	5:53	8:35	
5	Fri	8:26	3.9	7:48	6.5	1:56	0.5	1:06	2.1	5:54	8:35	
6	Sat	9:48	4.1	8:41	6.6	2:58	0.0	2:11	2.5	5:54	8:34	
7	Sun	10:54	4.4	9:32	6.7	3:53	-0.5	3:13	2.7	5:55	8:34	
8	Mon	11:48	4.7	10:22	6.7	4:43	-0.8	4:11	2.8	5:55	8:34	
9	Tue			12:35	4.9	5:28	-0.9	5:05	2.8	5:56	8:33	
10	Wed			1:17	5.0	6:10	-0.9	5:55	2.7	5:57	8:33	
11	Thu			1:56	5.1	6:49	-0.8	6:43	2.6	5:57	8:33	
12	Fri	12:37	6.2	2:32	5.1	7:26	-0.6	7:30	2.5	5:58	8:32	
13	Sat	1:19	5.8	3:06	5.1	8:01	-0.4	8:17	2.4	5:59	8:32	
14	Sun	2:01	5.4	3:38	5.2	8:35	0.0	9:06	2.3	5:59	8:31	
15	Mon	2:44	5.0	4:10	5.2	9:09	0.5	9:58	2.2	6:00	8:31	
16	Tue	3:32	4.5	4:43	5.3	9:44	1.0	10:57	2.0	6:01	8:30	
17	Wed	4:30	4.0	5:19	5.4	10:21	1.6			6:01	8:30	
18	Thu	5:43	3.6	6:00	5.5	12:01	1.8	11:05 AM	2.1	6:02	8:29	
19	Fri	7:18	3.5	6:45	5.6	1:06	1.5	11:58 AM	2.6	6:03	8:28	
20	Sat	8:55	3.6	7:34	5.8	2:06	1.1	1:02	2.9	6:04	8:28	
21	Sun	10:06	3.9	8:24	6.0	2:58	0.7	2:05	3.1	6:04	8:27	
22	Mon	10:56	4.1	9:12	6.2	3:44	0.2	3:02	3.1	6:05	8:26	
23	Tue	11:37	4.4	10:00	6.4	4:25	-0.2	3:52	3.1	6:06	8:26	
24	Wed			12:13	4.6	5:05	-0.5	4:39	2.9	6:07	8:25	
25	Thu			12:48	4.9	5:43	-0.8	5:26	2.6	6:08	8:24	
26	Fri			1:22	5.1	6:22	-0.9	6:14	2.4	6:09	8:23	
27	Sat	12:22	6.6	1:57	5.4	7:00	-0.9	7:04	2.0	6:09	8:22	
28	Sun	1:12	6.3	2:33	5.6	7:40	-0.6	7:57	1.7	6:10	8:21	
29	Mon	2:05	5.9	3:11	5.9	8:20	-0.2	8:54	1.4	6:11	8:21	
30	Tue	3:03	5.4	3:52	6.1	9:02	0.4	9:57	1.2	6:12	8:20	
31	Wed	4:09	4.8	4:37	6.3	9:48	1.1	11:08	0.9	6:13	8:19	