

Alcatraz Island, CA - Aug 2086

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	5:27	4.3	5:27	6.3	10:40	1.8			6:14	8:18	
2	Fri	6:58	4.1	6:23	6.4	12:23	0.7	11:43 AM	2.4	6:14	8:17	
3	Sat	8:31	4.1	7:23	6.4	1:37	0.4	12:56	2.8	6:15	8:16	
4	Sun	9:46	4.4	8:24	6.4	2:44	0.1	2:09	2.9	6:16	8:15	
5	Mon	10:43	4.7	9:21	6.5	3:41	-0.2	3:14	2.9	6:17	8:14	
6	Tue	11:29	4.9	10:13	6.4	4:29	-0.4	4:10	2.7	6:18	8:12	
7	Wed			12:10	5.1	5:12	-0.4	5:00	2.5	6:19	8:11	
8	Thu			12:46	5.2	5:50	-0.3	5:45	2.4	6:19	8:10	
9	Fri			1:18	5.2	6:24	-0.2	6:27	2.2	6:20	8:09	
10	Sat	12:25	5.9	1:47	5.3	6:56	0.0	7:07	2.0	6:21	8:08	
11	Sun	1:05	5.6	2:15	5.3	7:27	0.4	7:47	1.9	6:22	8:07	
12	Mon	1:45	5.3	2:41	5.4	7:57	0.7	8:27	1.8	6:23	8:05	
13	Tue	2:27	4.9	3:09	5.4	8:27	1.2	9:11	1.7	6:24	8:04	
14	Wed	3:13	4.5	3:40	5.5	8:58	1.7	10:00	1.6	6:25	8:03	
15	Thu	4:08	4.1	4:16	5.5	9:33	2.1	10:57	1.5	6:26	8:02	
16	Fri	5:18	3.8	4:59	5.5	10:15	2.6			6:26	8:00	
17	Sat	6:51	3.7	5:51	5.5	12:03	1.4	11:11 AM	3.0	6:27	7:59	
18	Sun	8:27	3.8	6:49	5.6	1:11	1.1	12:27	3.2	6:28	7:58	
19	Mon	9:34	4.1	7:49	5.8	2:12	0.8	1:42	3.3	6:29	7:56	
20	Tue	10:19	4.3	8:46	6.1	3:05	0.3	2:44	3.1	6:30	7:55	
21	Wed	10:56	4.6	9:40	6.3	3:50	0.0	3:36	2.8	6:31	7:54	
22	Thu	11:30	4.9	10:32	6.5	4:32	-0.3	4:24	2.4	6:32	7:52	
23	Fri			12:03	5.2	5:12	-0.5	5:11	1.9	6:32	7:51	
24	Sat			12:37	5.5	5:51	-0.4	5:59	1.5	6:33	7:50	
25	Sun	12:15	6.4	1:12	5.9	6:30	-0.2	6:48	1.0	6:34	7:48	
26	Mon	1:09	6.1	1:48	6.1	7:10	0.2	7:40	0.7	6:35	7:47	
27	Tue	2:05	5.8	2:27	6.3	7:52	0.7	8:35	0.4	6:36	7:45	
28	Wed	3:05	5.3	3:09	6.4	8:36	1.3	9:35	0.3	6:37	7:44	
29	Thu	4:13	4.8	3:57	6.4	9:25	1.9	10:42	0.3	6:37	7:42	
30	Fri	5:31	4.5	4:52	6.3	10:23	2.5	11:56	0.4	6:38	7:41	
31	Sat	6:59	4.4	5:55	6.1	11:37	2.9			6:39	7:39	