

Alcatraz Island, CA - Dec 2086

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	8:04	5.7	9:31	4.1	1:33	2.1	2:56	0.6	7:06	4:50	
2	Mon	8:36	5.9	10:23	4.3	2:18	2.4	3:34	0.2	7:07	4:50	
3	Tue	9:09	6.0	11:08	4.4	2:59	2.7	4:09	-0.1	7:08	4:50	
4	Wed	9:42	6.1	11:49	4.6	3:38	2.8	4:42	-0.4	7:09	4:50	
5	Thu	10:17	6.2			4:16	3.0	5:15	-0.6	7:10	4:50	
6	Fri	12:28	4.6	10:53 AM	6.2	4:53	3.0	5:49	-0.7	7:11	4:50	
7	Sat	1:06	4.7	11:30 AM	6.1	5:31	3.1	6:25	-0.8	7:12	4:50	
8	Sun	1:45	4.8	12:10	6.0	6:12	3.1	7:02	-0.8	7:13	4:50	
9	Mon	2:24	4.8	12:53	5.8	6:59	3.0	7:42	-0.6	7:13	4:50	
10	Tue	3:04	4.9	1:41	5.4	7:53	2.9	8:25	-0.4	7:14	4:50	
11	Wed	3:46	5.1	2:38	5.0	8:57	2.7	9:12	0.0	7:15	4:50	
12	Thu	4:29	5.3	3:47	4.5	10:11	2.4	10:02	0.5	7:16	4:51	
13	Fri	5:14	5.6	5:13	4.1	11:28	1.8	10:58	1.1	7:16	4:51	
14	Sat	6:00	5.9	6:45	4.0			12:39	1.1	7:17	4:51	
15	Sun	6:47	6.2	8:12	4.1			1:40	0.4	7:18	4:51	
16	Mon	7:35	6.6	9:25	4.4	12:58	2.1	2:35	-0.3	7:18	4:52	
17	Tue	8:23	6.8	10:26	4.7	1:57	2.4	3:26	-0.9	7:19	4:52	
18	Wed	9:11	7.0	11:19	4.9	2:54	2.6	4:13	-1.2	7:20	4:52	
19	Thu	9:59	7.0			3:48	2.7	4:59	-1.4	7:20	4:53	
20	Fri	12:08	5.1	10:46 AM	6.9	4:41	2.7	5:43	-1.4	7:21	4:53	
21	Sat	12:54	5.2	11:33 AM	6.7	5:34	2.7	6:26	-1.2	7:21	4:54	
22	Sun	1:38	5.2	12:19	6.3	6:26	2.6	7:08	-0.9	7:22	4:54	
23	Mon	2:20	5.3	1:06	5.8	7:20	2.6	7:49	-0.5	7:22	4:55	
24	Tue	3:01	5.2	1:54	5.2	8:18	2.5	8:30	0.0	7:22	4:56	
25	Wed	3:42	5.2	2:46	4.7	9:20	2.4	9:11	0.6	7:23	4:56	
26	Thu	4:22	5.3	3:49	4.1	10:28	2.2	9:56	1.2	7:23	4:57	
27	Fri	5:03	5.3	5:08	3.7	11:37	1.9	10:45	1.8	7:23	4:57	
28	Sat	5:45	5.4	6:43	3.5			12:42	1.5	7:24	4:58	
29	Sun	6:27	5.5	8:15	3.6			1:38	1.1	7:24	4:59	
30	Mon	7:09	5.7	9:24	3.9	12:41	2.7	2:26	0.6	7:24	5:00	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Tue	7:51	5.9	10:09	4.2	1:38	2.9	3:08	0.2	7:24	5:00	