

Alcatraz Island, CA - Jan 2087

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	8:36	6.1	10:51	4.4	2:29	2.9	3:46	-0.1	7:25	5:01	
2	Thu	9:16	6.2	11:28	4.6	3:14	3.0	4:21	-0.4	7:25	5:02	
3	Fri	9:56	6.3			3:55	2.9	4:55	-0.7	7:25	5:03	
4	Sat	12:03	4.7	10:37 AM	6.4	4:35	2.9	5:29	-0.8	7:25	5:04	
5	Sun	12:37	4.9	11:18 AM	6.3	5:15	2.7	6:04	-0.9	7:25	5:05	
6	Mon	1:11	5.0	12:00	6.2	5:59	2.6	6:40	-0.8	7:25	5:05	
7	Tue	1:46	5.2	12:46	5.9	6:46	2.4	7:18	-0.6	7:25	5:06	
8	Wed	2:22	5.4	1:35	5.5	7:38	2.2	7:59	-0.2	7:25	5:07	
9	Thu	3:01	5.5	2:33	5.0	8:37	1.9	8:42	0.3	7:24	5:08	
10	Fri	3:43	5.7	3:43	4.4	9:45	1.7	9:30	1.0	7:24	5:09	
11	Sat	4:30	5.9	5:09	4.0	11:00	1.3	10:26	1.6	7:24	5:10	
12	Sun	5:21	6.1	6:46	3.9			12:16	0.8	7:24	5:11	
13	Mon	6:16	6.3	8:15	4.1			1:25	0.2	7:24	5:12	
14	Tue	7:13	6.5	9:24	4.4	12:42	2.5	2:24	-0.3	7:23	5:13	
15	Wed	8:09	6.6	10:19	4.7	1:50	2.7	3:17	-0.7	7:23	5:14	
16	Thu	9:02	6.7	11:07	5.0	2:51	2.7	4:04	-0.9	7:23	5:15	
17	Fri	9:52	6.7	11:49	5.2	3:46	2.6	4:47	-1.0	7:22	5:16	
18	Sat	10:40	6.6			4:38	2.4	5:27	-0.9	7:22	5:17	
19	Sun	12:28	5.3	11:25 AM	6.3	5:26	2.3	6:05	-0.7	7:21	5:18	
20	Mon	1:05	5.4	12:08	6.0	6:13	2.2	6:41	-0.4	7:21	5:20	
21	Tue	1:40	5.4	12:51	5.6	6:59	2.1	7:16	0.0	7:20	5:21	
22	Wed	2:13	5.4	1:35	5.1	7:47	2.0	7:51	0.4	7:20	5:22	
23	Thu	2:46	5.4	2:22	4.6	8:37	1.9	8:26	1.0	7:19	5:23	
24	Fri	3:20	5.4	3:18	4.1	9:33	1.8	9:04	1.6	7:18	5:24	
25	Sat	3:57	5.4	4:29	3.7	10:37	1.7	9:48	2.1	7:18	5:25	
26	Sun	4:39	5.4	6:04	3.5	11:45	1.5	10:45	2.6	7:17	5:26	
27	Mon	5:27	5.4	7:46	3.6			12:50	1.1	7:16	5:27	
28	Tue	6:20	5.5	8:58	3.8			1:46	0.8	7:16	5:28	
29	Wed	7:13	5.7	9:45	4.1	1:05	3.1	2:34	0.4	7:15	5:30	
30	Thu	8:04	5.9	10:22	4.4	2:03	3.0	3:15	0.0	7:14	5:31	
31	Fri	8:51	6.1	10:55	4.6	2:52	2.9	3:53	-0.3	7:13	5:32	