

Alcatraz Island, CA - Jul 2087

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	12:15	6.8	2:14	5.3	7:07	-1.3	7:05	2.4	5:51	8:35	
2	Wed	1:04	6.5	2:57	5.3	7:50	-1.1	8:00	2.3	5:52	8:35	
3	Thu	1:54	6.0	3:39	5.4	8:33	-0.7	8:58	2.2	5:52	8:35	
4	Fri	2:44	5.5	4:20	5.4	9:15	-0.2	9:59	2.1	5:53	8:35	
5	Sat	3:37	4.9	5:02	5.5	9:57	0.4	11:04	2.0	5:53	8:35	
6	Sun	4:37	4.3	5:43	5.5	10:42	1.0			5:54	8:34	
7	Mon	5:50	3.8	6:26	5.5	12:12	1.8	11:31 AM	1.6	5:55	8:34	
8	Tue	7:18	3.6	7:10	5.6	1:18	1.4	12:25	2.1	5:55	8:34	
9	Wed	8:49	3.6	7:54	5.7	2:18	1.1	1:24	2.5	5:56	8:34	
10	Thu	10:03	3.8	8:38	5.8	3:09	0.7	2:21	2.8	5:56	8:33	
11	Fri	10:57	4.1	9:21	6.0	3:54	0.4	3:14	2.9	5:57	8:33	
12	Sat	11:41	4.3	10:02	6.1	4:34	0.1	4:00	3.0	5:58	8:32	
13	Sun			12:18	4.5	5:11	-0.2	4:43	3.0	5:58	8:32	
14	Mon			12:51	4.6	5:45	-0.4	5:23	2.9	5:59	8:31	
15	Tue			1:23	4.8	6:18	-0.5	6:02	2.8	6:00	8:31	
16	Wed	12:04	6.2	1:55	4.9	6:51	-0.6	6:43	2.6	6:01	8:30	
17	Thu	12:45	6.1	2:28	5.1	7:25	-0.6	7:27	2.4	6:01	8:30	
18	Fri	1:28	5.9	3:01	5.3	8:00	-0.4	8:15	2.2	6:02	8:29	
19	Sat	2:15	5.5	3:37	5.5	8:37	-0.1	9:09	2.0	6:03	8:29	
20	Sun	3:08	5.1	4:15	5.7	9:17	0.4	10:10	1.7	6:04	8:28	
21	Mon	4:10	4.6	4:58	5.9	10:01	0.9	11:19	1.4	6:04	8:27	
22	Tue	5:28	4.2	5:46	6.1	10:52	1.5			6:05	8:27	
23	Wed	6:59	3.9	6:39	6.3	12:33	0.9	11:52 AM	2.1	6:06	8:26	
24	Thu	8:32	4.0	7:37	6.5	1:44	0.5	1:01	2.5	6:07	8:25	
25	Fri	9:48	4.3	8:35	6.7	2:48	0.0	2:11	2.7	6:07	8:24	
26	Sat	10:48	4.6	9:31	6.8	3:45	-0.4	3:16	2.7	6:08	8:23	
27	Sun	11:38	4.9	10:25	6.8	4:35	-0.7	4:15	2.6	6:09	8:23	
28	Mon			12:22	5.1	5:22	-0.9	5:09	2.4	6:10	8:22	
29	Tue			1:03	5.3	6:05	-0.8	6:01	2.2	6:11	8:21	
30	Wed	12:06	6.6	1:42	5.4	6:45	-0.7	6:50	2.1	6:12	8:20	
31	Thu	12:53	6.2	2:18	5.5	7:24	-0.4	7:39	1.9	6:12	8:19	