

Alcatraz Island, CA - Aug 2087

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:39	5.8	2:54	5.6	8:01	0.0	8:29	1.8	6:13	8:18	
2	Sat	2:26	5.3	3:28	5.6	8:38	0.5	9:20	1.8	6:14	8:17	
3	Sun	3:16	4.8	4:03	5.6	9:15	1.1	10:15	1.7	6:15	8:16	
4	Mon	4:12	4.3	4:41	5.5	9:55	1.7	11:16	1.6	6:16	8:15	
5	Tue	5:20	3.9	5:23	5.5	10:41	2.2			6:17	8:14	
6	Wed	6:48	3.7	6:11	5.5	12:22	1.5	11:38 AM	2.7	6:18	8:13	
7	Thu	8:24	3.8	7:03	5.6	1:28	1.2	12:46	3.0	6:18	8:12	
8	Fri	9:37	4.0	7:57	5.7	2:27	0.9	1:53	3.1	6:19	8:10	
9	Sat	10:27	4.2	8:48	5.9	3:17	0.6	2:51	3.1	6:20	8:09	
10	Sun	11:05	4.4	9:36	6.0	4:00	0.3	3:39	3.0	6:21	8:08	
11	Mon	11:38	4.6	10:22	6.2	4:38	0.1	4:22	2.8	6:22	8:07	
12	Tue			12:09	4.8	5:13	-0.1	5:02	2.5	6:23	8:06	
13	Wed			12:39	5.1	5:47	-0.3	5:42	2.2	6:24	8:05	
14	Thu			1:10	5.3	6:20	-0.3	6:24	1.9	6:24	8:03	
15	Fri	12:35	6.1	1:42	5.5	6:55	-0.1	7:08	1.6	6:25	8:02	
16	Sat	1:22	5.9	2:15	5.8	7:31	0.2	7:56	1.3	6:26	8:01	
17	Sun	2:13	5.5	2:52	6.0	8:09	0.6	8:48	1.1	6:27	7:59	
18	Mon	3:10	5.1	3:32	6.1	8:50	1.1	9:47	0.9	6:28	7:58	
19	Tue	4:16	4.6	4:18	6.2	9:37	1.7	10:54	0.7	6:29	7:57	
20	Wed	5:35	4.3	5:11	6.2	10:32	2.2			6:30	7:55	
21	Thu	7:05	4.2	6:13	6.3	12:09	0.6	11:42 AM	2.7	6:30	7:54	
22	Fri	8:30	4.3	7:19	6.3	1:24	0.3	1:01	2.8	6:31	7:53	
23	Sat	9:37	4.6	8:25	6.3	2:31	0.1	2:16	2.8	6:32	7:51	
24	Sun	10:29	4.9	9:25	6.4	3:29	-0.2	3:20	2.5	6:33	7:50	
25	Mon	11:13	5.2	10:20	6.4	4:18	-0.3	4:15	2.2	6:34	7:49	
26	Tue	11:52	5.4	11:11	6.3	5:01	-0.3	5:05	1.9	6:35	7:47	
27	Wed			12:28	5.5	5:41	-0.1	5:51	1.7	6:36	7:46	
28	Thu			1:01	5.6	6:18	0.1	6:34	1.4	6:36	7:44	
29	Fri	12:45	5.8	1:32	5.6	6:53	0.5	7:16	1.3	6:37	7:43	
30	Sat	1:29	5.5	2:03	5.7	7:27	0.9	7:58	1.2	6:38	7:41	
31	Sun	2:14	5.1	2:33	5.6	8:01	1.3	8:41	1.2	6:39	7:40	