

Alcatraz Island, CA - Nov 2087

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:15	4.4	3:36	5.0	9:57	3.3	10:33	0.4	7:35	6:10	
2	Sun	5:09	4.5	3:37	4.7	10:13	3.2	10:29	0.6	6:36	5:09	
3	Mon	6:00	4.6	4:49	4.5	11:33	2.9	11:27	0.7	6:37	5:08	
4	Tue	6:45	4.9	6:06	4.4			12:37	2.4	6:38	5:07	
5	Wed	7:24	5.2	7:20	4.5	12:23	0.8	1:30	1.8	6:39	5:06	
6	Thu	8:01	5.6	8:28	4.7	1:14	1.0	2:18	1.0	6:40	5:05	
7	Fri	8:38	6.0	9:31	4.9	2:02	1.2	3:02	0.3	6:41	5:04	
8	Sat	9:15	6.4	10:30	5.0	2:49	1.5	3:47	-0.4	6:43	5:03	
9	Sun	9:55	6.7	11:26	5.2	3:34	1.7	4:33	-0.9	6:44	5:02	
10	Mon	10:37	6.9			4:21	2.0	5:20	-1.3	6:45	5:02	
11	Tue	12:21	5.2	11:22 AM	7.0	5:10	2.2	6:09	-1.5	6:46	5:01	
12	Wed	1:17	5.2	12:09	6.9	6:01	2.5	6:59	-1.4	6:47	5:00	
13	Thu	2:12	5.2	1:01	6.6	6:57	2.6	7:52	-1.1	6:48	4:59	
14	Fri	3:09	5.2	1:56	6.1	8:01	2.7	8:47	-0.7	6:49	4:58	
15	Sat	4:07	5.2	2:58	5.5	9:16	2.7	9:46	-0.2	6:50	4:58	
16	Sun	5:06	5.2	4:08	5.0	10:38	2.5	10:47	0.2	6:51	4:57	
17	Mon	6:01	5.4	5:27	4.5	11:57	2.1	11:47	0.7	6:52	4:56	
18	Tue	6:52	5.6	6:49	4.3			1:05	1.6	6:53	4:56	
19	Wed	7:36	5.7	8:05	4.3	12:44	1.1	2:02	1.1	6:54	4:55	
20	Thu	8:16	5.9	9:10	4.4	1:35	1.5	2:50	0.6	6:55	4:54	
21	Fri	8:50	6.0	10:06	4.5	2:22	1.9	3:31	0.3	6:56	4:54	
22	Sat	9:22	6.0	10:56	4.6	3:04	2.2	4:09	0.0	6:57	4:53	
23	Sun	9:53	6.0	11:40	4.6	3:43	2.5	4:43	-0.2	6:58	4:53	
24	Mon	10:23	6.0			4:21	2.7	5:15	-0.3	6:59	4:52	
25	Tue	12:21	4.7	10:54 AM	6.0	4:57	2.9	5:47	-0.4	7:00	4:52	
26	Wed	12:59	4.7	11:27 AM	5.9	5:33	3.0	6:20	-0.4	7:01	4:52	
27	Thu	1:37	4.7	12:02	5.8	6:10	3.1	6:54	-0.4	7:02	4:51	
28	Fri	2:15	4.6	12:39	5.6	6:49	3.1	7:31	-0.3	7:03	4:51	
29	Sat	2:55	4.7	1:19	5.3	7:35	3.1	8:10	-0.2	7:04	4:51	
30	Sun	3:36	4.7	2:06	5.0	8:29	3.1	8:53	0.1	7:05	4:51	