

Alcatraz Island, CA - Jan 2088

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:57	5.6	5:18	3.9	11:21	1.7	10:47	1.5	7:25	5:01	
2	Fri	5:45	5.9	6:53	3.9			12:32	1.1	7:25	5:02	
3	Sat	6:36	6.2	8:18	4.1			1:34	0.4	7:25	5:03	
4	Sun	7:28	6.5	9:27	4.4	12:55	2.3	2:30	-0.3	7:25	5:03	
5	Mon	8:21	6.8	10:24	4.8	1:58	2.5	3:21	-0.8	7:25	5:04	
6	Tue	9:13	7.0	11:14	5.1	2:57	2.5	4:10	-1.2	7:25	5:05	
7	Wed	10:04	7.1			3:53	2.4	4:56	-1.4	7:25	5:06	
8	Thu	12:00	5.3	10:55 AM	7.0	4:47	2.3	5:42	-1.4	7:25	5:07	
9	Fri	12:45	5.5	11:45 AM	6.7	5:41	2.2	6:25	-1.2	7:25	5:08	
10	Sat	1:27	5.6	12:34	6.3	6:35	2.1	7:08	-0.8	7:24	5:09	
11	Sun	2:09	5.6	1:25	5.8	7:31	2.0	7:51	-0.3	7:24	5:10	
12	Mon	2:52	5.7	2:18	5.1	8:30	1.9	8:34	0.3	7:24	5:11	
13	Tue	3:34	5.6	3:18	4.5	9:34	1.8	9:19	0.9	7:24	5:12	
14	Wed	4:18	5.6	4:29	4.0	10:43	1.7	10:09	1.6	7:23	5:13	
15	Thu	5:04	5.6	5:57	3.7	11:53	1.4	11:07	2.1	7:23	5:14	
16	Fri	5:53	5.6	7:33	3.7			12:59	1.1	7:23	5:15	
17	Sat	6:41	5.7	8:50	3.9	12:12	2.5	1:55	0.8	7:22	5:16	
18	Sun	7:29	5.7	9:45	4.2	1:15	2.8	2:43	0.4	7:22	5:17	
19	Mon	8:14	5.9	10:28	4.4	2:11	2.9	3:25	0.1	7:21	5:18	
20	Tue	8:56	6.0	11:04	4.6	2:59	2.9	4:01	-0.1	7:21	5:19	
21	Wed	9:37	6.1	11:36	4.7	3:41	2.8	4:35	-0.3	7:20	5:20	
22	Thu	10:16	6.1			4:20	2.7	5:06	-0.4	7:20	5:21	
23	Fri	12:06	4.8	10:54 AM	6.1	4:56	2.6	5:37	-0.5	7:19	5:23	
24	Sat	12:35	5.0	11:33 AM	6.0	5:33	2.4	6:08	-0.4	7:19	5:24	
25	Sun	1:05	5.1	12:13	5.8	6:11	2.2	6:40	-0.3	7:18	5:25	
26	Mon	1:36	5.3	12:55	5.5	6:53	2.0	7:14	0.0	7:17	5:26	
27	Tue	2:09	5.4	1:42	5.1	7:40	1.8	7:51	0.4	7:17	5:27	
28	Wed	2:44	5.6	2:38	4.7	8:34	1.6	8:31	0.9	7:16	5:28	
29	Thu	3:24	5.7	3:47	4.2	9:36	1.4	9:19	1.5	7:15	5:29	
30	Fri	4:11	5.8	5:15	3.9	10:47	1.1	10:16	2.0	7:14	5:30	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Sat	5:04	6.0	6:52	3.9			12:03	0.7	7:13	5:31	