

Alcatraz Island, CA - Mar 2089

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	2:36	5.8	3:28	4.4	8:59	0.6	8:51	1.8	6:39	6:03	
2	Wed	3:20	5.6	4:42	4.1	10:01	0.7	9:48	2.3	6:37	6:04	
3	Thu	4:09	5.4	6:10	3.9	11:09	0.8	11:01	2.7	6:36	6:05	
4	Fri	5:07	5.2	7:34	4.0			12:19	0.8	6:35	6:06	
5	Sat	6:10	5.1	8:36	4.2	12:19	2.8	1:22	0.6	6:33	6:07	
6	Sun	7:11	5.1	9:20	4.4	1:27	2.7	2:15	0.5	6:32	6:08	
7	Mon	8:07	5.2	9:55	4.6	2:21	2.5	2:58	0.3	6:30	6:09	
8	Tue	8:55	5.3	10:25	4.8	3:06	2.2	3:36	0.2	6:29	6:10	
9	Wed	9:39	5.4	10:51	4.9	3:46	2.0	4:09	0.2	6:27	6:11	
10	Thu	10:21	5.4	11:18	5.1	4:21	1.7	4:39	0.2	6:26	6:12	
11	Fri	11:01	5.4	11:44	5.2	4:54	1.4	5:09	0.3	6:24	6:13	
12	Sat	11:42	5.3			5:28	1.1	5:39	0.5	6:23	6:14	
13	Sun	12:12	5.4	1:24	5.1	7:02	0.8	7:10	0.8	7:21	7:15	
14	Mon	1:41	5.5	2:09	4.9	7:40	0.6	7:44	1.1	7:20	7:16	
15	Tue	2:13	5.6	2:58	4.6	8:22	0.4	8:21	1.5	7:18	7:17	
16	Wed	2:49	5.7	3:56	4.4	9:10	0.3	9:04	1.9	7:17	7:18	
17	Thu	3:30	5.7	5:05	4.1	10:05	0.2	9:57	2.3	7:15	7:19	
18	Fri	4:21	5.6	6:26	4.0	11:10	0.2	11:05	2.6	7:14	7:20	
19	Sat	5:23	5.5	7:46	4.2			12:23	0.1	7:12	7:21	
20	Sun	6:35	5.4	8:52	4.5	12:29	2.7	1:35	0.0	7:11	7:22	
21	Mon	7:49	5.5	9:44	4.8	1:50	2.4	2:38	-0.2	7:09	7:23	
22	Tue	8:58	5.6	10:28	5.2	2:57	2.0	3:33	-0.3	7:08	7:24	
23	Wed	10:00	5.7	11:08	5.5	3:54	1.5	4:21	-0.3	7:06	7:25	
24	Thu	10:57	5.8	11:46	5.7	4:45	0.9	5:05	-0.2	7:05	7:25	
25	Fri	11:52	5.7			5:34	0.5	5:48	0.1	7:03	7:26	
26	Sat	12:23	5.9	12:44	5.5	6:20	0.1	6:29	0.5	7:02	7:27	
27	Sun	12:59	6.0	1:35	5.3	7:05	-0.1	7:09	0.9	7:00	7:28	
28	Mon	1:35	6.0	2:26	5.0	7:50	-0.2	7:51	1.4	6:59	7:29	
29	Tue	2:11	5.8	3:19	4.7	8:35	-0.1	8:34	1.8	6:57	7:30	
30	Wed	2:49	5.6	4:17	4.4	9:23	0.0	9:22	2.3	6:56	7:31	
31	Thu	3:29	5.3	5:23	4.1	10:15	0.2	10:21	2.6	6:54	7:32	