

Alcatraz Island, CA - May 2089

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:22	4.5	6:53	4.3	11:20	0.3			6:12	8:00	
2	Mon	5:25	4.2	7:43	4.4	12:21	2.8	12:17	0.6	6:11	8:01	
3	Tue	6:37	4.1	8:25	4.6	1:30	2.5	1:13	0.7	6:10	8:02	
4	Wed	7:49	4.0	9:00	4.9	2:26	2.0	2:04	0.8	6:09	8:03	
5	Thu	8:56	4.1	9:33	5.1	3:13	1.6	2:50	1.0	6:08	8:04	
6	Fri	9:55	4.2	10:05	5.4	3:53	1.0	3:31	1.1	6:07	8:05	
7	Sat	10:49	4.4	10:37	5.7	4:30	0.5	4:10	1.3	6:06	8:06	
8	Sun	11:40	4.5	11:11	5.9	5:06	0.0	4:50	1.5	6:05	8:07	
9	Mon			12:30	4.6	5:43	-0.5	5:30	1.8	6:04	8:08	
10	Tue			1:20	4.7	6:23	-0.9	6:12	2.0	6:03	8:09	
11	Wed	12:25	6.2	2:11	4.8	7:05	-1.1	6:57	2.2	6:02	8:10	
12	Thu	1:07	6.3	3:03	4.8	7:50	-1.3	7:47	2.4	6:01	8:10	
13	Fri	1:53	6.1	3:57	4.8	8:39	-1.2	8:43	2.5	6:00	8:11	
14	Sat	2:44	5.9	4:54	4.8	9:32	-1.0	9:50	2.5	5:59	8:12	
15	Sun	3:42	5.5	5:52	4.9	10:28	-0.7	11:08	2.4	5:58	8:13	
16	Mon	4:49	5.1	6:49	5.1	11:29	-0.3			5:57	8:14	
17	Tue	6:06	4.6	7:43	5.4	12:31	2.1	12:31	0.0	5:57	8:15	
18	Wed	7:27	4.4	8:31	5.7	1:45	1.6	1:31	0.4	5:56	8:16	
19	Thu	8:46	4.3	9:16	5.9	2:48	0.9	2:27	0.8	5:55	8:16	
20	Fri	9:57	4.4	9:57	6.1	3:42	0.4	3:19	1.2	5:54	8:17	
21	Sat	10:59	4.5	10:36	6.2	4:30	-0.1	4:06	1.5	5:54	8:18	
22	Sun	11:55	4.6	11:12	6.2	5:14	-0.5	4:52	1.8	5:53	8:19	
23	Mon			12:46	4.6	5:54	-0.7	5:35	2.1	5:53	8:20	
24	Tue			1:34	4.7	6:33	-0.8	6:18	2.4	5:52	8:20	
25	Wed	12:23	6.0	2:19	4.7	7:10	-0.8	7:01	2.6	5:51	8:21	
26	Thu	12:58	5.8	3:02	4.6	7:47	-0.7	7:45	2.7	5:51	8:22	
27	Fri	1:34	5.6	3:44	4.6	8:24	-0.6	8:31	2.8	5:50	8:23	
28	Sat	2:11	5.3	4:27	4.5	9:03	-0.4	9:23	2.9	5:50	8:23	
29	Sun	2:53	4.9	5:10	4.5	9:44	-0.1	10:24	2.9	5:50	8:24	
30	Mon	3:41	4.6	5:54	4.6	10:29	0.2	11:34	2.7	5:49	8:25	
31	Tue	4:37	4.2	6:37	4.7	11:16	0.5			5:49	8:26	