

Alcatraz Island, CA - Jul 2089

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	6:25	3.7	7:00	5.6	12:49	1.9	12:02	1.6	5:52	8:35	
2	Sat	7:53	3.7	7:45	5.8	1:49	1.4	12:58	1.9	5:52	8:35	
3	Sun	9:14	3.8	8:30	6.1	2:42	0.8	1:56	2.2	5:53	8:35	
4	Mon	10:21	4.1	9:17	6.5	3:30	0.2	2:52	2.4	5:53	8:35	
5	Tue	11:17	4.4	10:05	6.7	4:16	-0.4	3:46	2.5	5:54	8:35	
6	Wed			12:07	4.7	5:02	-0.9	4:39	2.5	5:54	8:34	
7	Thu			12:54	5.0	5:48	-1.2	5:32	2.4	5:55	8:34	
8	Fri			1:39	5.2	6:33	-1.4	6:27	2.3	5:55	8:34	
9	Sat	12:36	6.9	2:24	5.4	7:19	-1.4	7:23	2.1	5:56	8:33	
10	Sun	1:28	6.6	3:08	5.6	8:05	-1.1	8:22	2.0	5:57	8:33	
11	Mon	2:23	6.2	3:54	5.8	8:52	-0.7	9:26	1.8	5:57	8:33	
12	Tue	3:22	5.6	4:41	5.9	9:40	-0.2	10:35	1.6	5:58	8:32	
13	Wed	4:27	4.9	5:30	6.0	10:31	0.5	11:49	1.4	5:59	8:32	
14	Thu	5:43	4.4	6:21	6.1	11:27	1.2			5:59	8:31	
15	Fri	7:10	4.1	7:14	6.1	1:03	1.1	12:28	1.7	6:00	8:31	
16	Sat	8:38	4.1	8:06	6.2	2:10	0.7	1:31	2.2	6:01	8:30	
17	Sun	9:53	4.2	8:55	6.2	3:09	0.4	2:33	2.5	6:02	8:30	
18	Mon	10:53	4.5	9:41	6.2	3:59	0.1	3:29	2.7	6:02	8:29	
19	Tue	11:41	4.6	10:23	6.2	4:43	-0.1	4:18	2.7	6:03	8:28	
20	Wed			12:23	4.8	5:22	-0.2	5:03	2.8	6:04	8:28	
21	Thu			12:59	4.8	5:57	-0.3	5:44	2.7	6:05	8:27	
22	Fri			1:31	4.9	6:29	-0.2	6:22	2.7	6:06	8:26	
23	Sat	12:17	5.9	2:01	4.9	7:00	-0.2	6:59	2.6	6:06	8:25	
24	Sun	12:53	5.8	2:30	5.0	7:31	-0.1	7:37	2.5	6:07	8:25	
25	Mon	1:30	5.5	2:59	5.1	8:01	0.1	8:17	2.4	6:08	8:24	
26	Tue	2:09	5.2	3:29	5.2	8:33	0.4	9:00	2.3	6:09	8:23	
27	Wed	2:51	4.9	4:02	5.3	9:06	0.7	9:50	2.2	6:10	8:22	
28	Thu	3:40	4.5	4:39	5.4	9:43	1.2	10:48	2.0	6:10	8:21	
29	Fri	4:42	4.1	5:21	5.6	10:26	1.6	11:53	1.7	6:11	8:20	
30	Sat	6:02	3.8	6:09	5.7	11:18	2.1			6:12	8:19	
31	Sun	7:34	3.8	7:01	6.0	1:01	1.2	12:21	2.4	6:13	8:18	