

Alcatraz Island, CA - Aug 2089

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	8:58	4.0	7:56	6.2	2:04	0.7	1:28	2.6	6:14	8:17	
2	Tue	10:04	4.3	8:52	6.5	3:01	0.2	2:32	2.7	6:15	8:16	
3	Wed	10:56	4.7	9:47	6.8	3:52	-0.3	3:32	2.6	6:15	8:15	
4	Thu	11:42	5.0	10:41	7.0	4:41	-0.7	4:27	2.3	6:16	8:14	
5	Fri			12:26	5.3	5:27	-1.0	5:21	2.1	6:17	8:13	
6	Sat			1:07	5.6	6:12	-1.0	6:15	1.8	6:18	8:12	
7	Sun	12:27	6.8	1:49	5.8	6:57	-0.8	7:09	1.5	6:19	8:11	
8	Mon	1:21	6.5	2:30	6.0	7:41	-0.5	8:05	1.3	6:20	8:10	
9	Tue	2:16	6.0	3:13	6.1	8:26	0.0	9:03	1.2	6:21	8:09	
10	Wed	3:14	5.5	3:58	6.1	9:12	0.6	10:07	1.1	6:21	8:08	
11	Thu	4:18	4.9	4:45	6.1	10:02	1.3	11:15	1.1	6:22	8:06	
12	Fri	5:33	4.4	5:37	6.0	10:58	1.9			6:23	8:05	
13	Sat	7:00	4.2	6:33	5.9	12:27	1.0	12:04	2.4	6:24	8:04	
14	Sun	8:27	4.2	7:31	5.9	1:37	0.8	1:16	2.7	6:25	8:03	
15	Mon	9:37	4.4	8:27	5.9	2:39	0.6	2:22	2.8	6:26	8:01	
16	Tue	10:31	4.7	9:18	5.9	3:32	0.4	3:19	2.7	6:27	8:00	
17	Wed	11:14	4.8	10:04	5.9	4:16	0.3	4:07	2.6	6:27	7:59	
18	Thu	11:49	4.9	10:45	5.9	4:54	0.2	4:49	2.5	6:28	7:57	
19	Fri			12:20	5.0	5:29	0.2	5:27	2.4	6:29	7:56	
20	Sat			12:48	5.0	6:00	0.2	6:02	2.2	6:30	7:55	
21	Sun	12:02	5.8	1:14	5.1	6:29	0.3	6:36	2.0	6:31	7:53	
22	Mon	12:40	5.7	1:40	5.2	6:58	0.4	7:11	1.9	6:32	7:52	
23	Tue	1:18	5.4	2:08	5.4	7:27	0.7	7:47	1.7	6:33	7:51	
24	Wed	1:58	5.2	2:38	5.5	7:58	1.0	8:27	1.6	6:33	7:49	
25	Thu	2:42	4.9	3:10	5.5	8:31	1.3	9:12	1.4	6:34	7:48	
26	Fri	3:33	4.6	3:48	5.6	9:09	1.7	10:06	1.3	6:35	7:46	
27	Sat	4:37	4.3	4:32	5.7	9:53	2.2	11:08	1.2	6:36	7:45	
28	Sun	5:56	4.1	5:25	5.7	10:50	2.6			6:37	7:43	
29	Mon	7:24	4.1	6:26	5.8	12:19	0.9	12:01	2.8	6:38	7:42	
30	Tue	8:41	4.3	7:32	6.0	1:29	0.6	1:18	2.8	6:39	7:41	
31	Wed	9:40	4.6	8:36	6.3	2:32	0.2	2:26	2.6	6:39	7:39	