

Alcatraz Island, CA - Oct 2089

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	10:35	5.7	10:29	5.9	3:48	0.1	4:16	1.1	7:06	6:51	
2	Sun	11:14	6.0	11:26	5.9	4:34	0.2	5:05	0.6	7:07	6:50	
3	Mon	11:52	6.2			5:18	0.5	5:52	0.2	7:08	6:48	
4	Tue	12:20	5.8	12:30	6.3	6:01	0.8	6:39	-0.1	7:08	6:47	
5	Wed	1:14	5.6	1:08	6.3	6:44	1.2	7:26	-0.2	7:09	6:45	
6	Thu	2:08	5.4	1:47	6.2	7:28	1.7	8:13	-0.2	7:10	6:44	
7	Fri	3:04	5.1	2:28	6.0	8:15	2.1	9:03	0.0	7:11	6:42	
8	Sat	4:03	4.8	3:11	5.7	9:07	2.6	9:56	0.2	7:12	6:41	
9	Sun	5:08	4.6	4:01	5.4	10:09	2.9	10:55	0.5	7:13	6:39	
10	Mon	6:18	4.5	4:58	5.0	11:25	3.0	11:59	0.7	7:14	6:38	
11	Tue	7:27	4.6	6:05	4.8			12:43	3.0	7:15	6:36	
12	Wed	8:23	4.7	7:14	4.7	1:03	0.8	1:51	2.7	7:16	6:35	
13	Thu	9:07	4.9	8:19	4.7	2:00	0.9	2:45	2.3	7:17	6:34	
14	Fri	9:42	5.0	9:16	4.8	2:48	0.9	3:30	1.9	7:18	6:32	
15	Sat	10:11	5.2	10:07	4.9	3:30	1.0	4:09	1.5	7:19	6:31	
16	Sun	10:39	5.4	10:53	5.0	4:06	1.1	4:45	1.2	7:20	6:29	
17	Mon	11:06	5.6	11:38	5.0	4:40	1.2	5:18	0.8	7:21	6:28	
18	Tue	11:34	5.8			5:12	1.4	5:51	0.5	7:22	6:27	
19	Wed	12:22	5.0	12:04	5.9	5:45	1.6	6:24	0.2	7:22	6:25	
20	Thu	1:07	5.0	12:36	6.0	6:20	1.9	7:01	-0.1	7:23	6:24	
21	Fri	1:54	4.9	1:10	6.1	6:56	2.2	7:41	-0.2	7:24	6:23	
22	Sat	2:44	4.8	1:48	6.0	7:37	2.4	8:26	-0.3	7:25	6:21	
23	Sun	3:38	4.7	2:32	5.9	8:24	2.7	9:16	-0.3	7:26	6:20	
24	Mon	4:38	4.7	3:24	5.7	9:21	2.9	10:14	-0.1	7:27	6:19	
25	Tue	5:43	4.7	4:27	5.4	10:33	3.0	11:17	0.0	7:28	6:18	
26	Wed	6:47	4.8	5:41	5.2	11:58	2.8			7:29	6:17	
27	Thu	7:45	5.1	7:01	5.0	12:25	0.2	1:18	2.4	7:30	6:15	
28	Fri	8:35	5.4	8:17	5.0	1:29	0.3	2:24	1.8	7:32	6:14	
29	Sat	9:19	5.8	9:27	5.1	2:26	0.5	3:21	1.1	7:33	6:13	
30	Sun	10:00	6.1	10:30	5.2	3:18	0.7	4:11	0.4	7:34	6:12	
31	Mon	10:39	6.3	11:28	5.3	4:05	1.0	4:58	-0.1	7:35	6:11	