

Alcatraz Island, CA - Jan 2090

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	12:44	5.0	11:23 AM	6.1	5:29	2.7	6:11	-0.6	7:25	5:01	●
2	Mon	1:20	5.0	11:59 AM	5.9	6:10	2.8	6:44	-0.4	7:25	5:02	●
3	Tue	1:55	5.0	12:36	5.6	6:51	2.8	7:18	-0.2	7:25	5:03	●
4	Wed	2:28	4.9	1:14	5.3	7:34	2.7	7:52	0.1	7:25	5:04	●
5	Thu	3:01	5.0	1:56	4.9	8:22	2.7	8:28	0.4	7:25	5:05	◐
6	Fri	3:37	5.0	2:44	4.4	9:17	2.6	9:07	0.8	7:25	5:06	◐
7	Sat	4:15	5.1	3:44	4.0	10:21	2.4	9:51	1.3	7:25	5:07	◐
8	Sun	4:57	5.2	5:03	3.7	11:30	2.1	10:42	1.7	7:25	5:08	◐
9	Mon	5:41	5.4	6:35	3.6			12:34	1.6	7:24	5:08	◐
10	Tue	6:28	5.6	8:00	3.8			1:30	1.1	7:24	5:09	◐
11	Wed	7:14	5.9	9:08	4.1	12:41	2.4	2:18	0.5	7:24	5:10	◐
12	Thu	8:01	6.2	10:02	4.4	1:39	2.6	3:02	-0.1	7:24	5:11	○
13	Fri	8:48	6.5	10:49	4.7	2:33	2.6	3:46	-0.6	7:24	5:12	○
14	Sat	9:36	6.7	11:33	5.0	3:24	2.6	4:28	-1.0	7:23	5:13	○
15	Sun	10:24	6.9			4:14	2.5	5:12	-1.3	7:23	5:15	○
16	Mon	12:16	5.2	11:13 AM	6.9	5:05	2.3	5:55	-1.4	7:23	5:16	○
17	Tue	12:58	5.4	12:03	6.7	5:56	2.1	6:39	-1.2	7:22	5:17	○
18	Wed	1:40	5.6	12:56	6.4	6:51	1.9	7:24	-0.9	7:22	5:18	○
19	Thu	2:24	5.8	1:51	5.8	7:50	1.7	8:10	-0.3	7:21	5:19	○
20	Fri	3:09	5.9	2:53	5.2	8:54	1.6	8:59	0.3	7:21	5:20	○
21	Sat	3:57	5.9	4:05	4.6	10:06	1.4	9:53	1.0	7:20	5:21	○
22	Sun	4:49	6.0	5:30	4.1	11:22	1.1	10:54	1.6	7:20	5:22	◐
23	Mon	5:43	6.0	7:03	4.0			12:36	0.8	7:19	5:23	◐
24	Tue	6:39	6.1	8:26	4.2	12:02	2.1	1:42	0.4	7:18	5:24	◐
25	Wed	7:34	6.1	9:31	4.5	1:11	2.4	2:38	0.1	7:18	5:25	◐
26	Thu	8:24	6.2	10:22	4.7	2:13	2.6	3:26	-0.2	7:17	5:26	◐
27	Fri	9:10	6.2	11:05	4.9	3:07	2.6	4:07	-0.3	7:16	5:28	◐
28	Sat	9:53	6.1	11:43	4.9	3:54	2.6	4:43	-0.4	7:15	5:29	◐
29	Sun	10:32	6.0			4:36	2.5	5:17	-0.3	7:15	5:30	◐
30	Mon	12:16	5.0	11:09 AM	5.9	5:14	2.4	5:48	-0.3	7:14	5:31	●

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Tue	12:45	5.0	11:45 AM	5.7	5:51	2.3	6:18	-0.1	7:13	5:32	