

Alcatraz Island, CA - Feb 2090

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	1:13	5.0	12:21	5.5	6:27	2.2	6:48	0.1	7:12	5:33	
2	Thu	1:40	5.1	12:58	5.2	7:04	2.1	7:18	0.3	7:11	5:34	
3	Fri	2:09	5.1	1:38	4.9	7:44	2.0	7:50	0.7	7:10	5:35	
4	Sat	2:40	5.2	2:23	4.5	8:28	1.9	8:24	1.1	7:09	5:37	
5	Sun	3:15	5.2	3:19	4.1	9:21	1.8	9:04	1.6	7:08	5:38	
6	Mon	3:55	5.3	4:33	3.7	10:23	1.6	9:52	2.1	7:07	5:39	
7	Tue	4:41	5.4	6:08	3.6	11:32	1.3	10:54	2.5	7:06	5:40	
8	Wed	5:35	5.5	7:39	3.8			12:40	0.9	7:05	5:41	
9	Thu	6:32	5.8	8:47	4.1	12:06	2.7	1:40	0.4	7:04	5:42	
10	Fri	7:30	6.0	9:39	4.5	1:16	2.7	2:33	-0.2	7:03	5:43	
11	Sat	8:26	6.3	10:24	4.8	2:16	2.6	3:21	-0.6	7:02	5:44	
12	Sun	9:20	6.6	11:04	5.1	3:11	2.3	4:06	-0.9	7:01	5:45	
13	Mon	10:13	6.7	11:44	5.4	4:02	2.0	4:50	-1.1	7:00	5:46	
14	Tue	11:05	6.7			4:53	1.6	5:33	-1.0	6:59	5:48	
15	Wed	12:23	5.7	11:57 AM	6.5	5:44	1.2	6:16	-0.8	6:58	5:49	
16	Thu	1:03	5.9	12:51	6.1	6:37	1.0	7:00	-0.3	6:56	5:50	
17	Fri	1:44	6.0	1:47	5.6	7:32	0.8	7:44	0.2	6:55	5:51	
18	Sat	2:27	6.1	2:48	5.0	8:31	0.7	8:32	0.9	6:54	5:52	
19	Sun	3:13	6.0	3:58	4.5	9:35	0.7	9:26	1.6	6:53	5:53	
20	Mon	4:04	5.9	5:22	4.1	10:47	0.7	10:31	2.1	6:51	5:54	
21	Tue	5:01	5.7	6:54	4.1			12:02	0.6	6:50	5:55	
22	Wed	6:03	5.6	8:13	4.3			1:11	0.4	6:49	5:56	
23	Thu	7:05	5.6	9:12	4.5	1:02	2.6	2:10	0.2	6:47	5:57	
24	Fri	8:02	5.6	9:58	4.7	2:06	2.6	3:00	0.1	6:46	5:58	
25	Sat	8:53	5.6	10:36	4.9	2:59	2.4	3:41	0.0	6:45	5:59	
26	Sun	9:38	5.6	11:08	4.9	3:43	2.2	4:17	0.0	6:43	6:00	
27	Mon	10:18	5.6	11:36	5.0	4:22	2.0	4:49	0.0	6:42	6:01	
28	Tue	10:57	5.5			4:58	1.8	5:19	0.1	6:41	6:02	