

Alcatraz Island, CA - Mar 2090

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	12:01	5.1	11:34 AM	5.4	5:31	1.6	5:48	0.3	6:39	6:03	●
2	Thu	12:26	5.1	12:11	5.2	6:04	1.5	6:16	0.5	6:38	6:04	●
3	Fri	12:52	5.2	12:49	5.0	6:37	1.3	6:45	0.8	6:36	6:05	●
4	Sat	1:19	5.3	1:30	4.7	7:13	1.2	7:16	1.2	6:35	6:06	●
5	Sun	1:49	5.3	2:16	4.4	7:53	1.1	7:50	1.5	6:34	6:07	◐
6	Mon	2:22	5.3	3:12	4.1	8:40	1.0	8:30	2.0	6:32	6:08	◐
7	Tue	3:02	5.3	4:24	3.9	9:35	0.9	9:20	2.4	6:31	6:09	◐
8	Wed	3:51	5.3	5:52	3.8	10:41	0.7	10:27	2.7	6:29	6:10	◐
9	Thu	4:50	5.3	7:15	4.0	11:53	0.5	11:48	2.8	6:28	6:11	◐
10	Fri	5:57	5.4	8:18	4.3			1:01	0.2	6:26	6:12	◐
11	Sat	7:06	5.6	9:07	4.6	1:04	2.6	1:59	-0.2	6:25	6:13	◐
12	Sun	9:10	5.9	10:50	5.0	3:06	2.2	3:51	-0.5	7:23	7:14	◐
13	Mon	10:09	6.1	11:29	5.4	4:01	1.7	4:38	-0.6	7:22	7:15	○
14	Tue	11:05	6.2			4:53	1.2	5:23	-0.6	7:20	7:16	○
15	Wed	12:07	5.7	12:00	6.1	5:42	0.7	6:07	-0.4	7:19	7:17	○
16	Thu	12:46	5.9	12:54	6.0	6:32	0.3	6:50	0.0	7:17	7:18	○
17	Fri	1:25	6.1	1:48	5.7	7:22	0.0	7:33	0.4	7:16	7:19	○
18	Sat	2:04	6.2	2:45	5.3	8:13	-0.1	8:18	1.0	7:14	7:20	○
19	Sun	2:46	6.1	3:45	4.8	9:06	-0.1	9:07	1.5	7:13	7:21	○
20	Mon	3:31	5.9	4:53	4.5	10:04	0.0	10:03	2.1	7:11	7:22	○
21	Tue	4:20	5.6	6:11	4.3	11:08	0.2	11:13	2.5	7:10	7:22	○
22	Wed	5:17	5.3	7:33	4.3			12:18	0.4	7:08	7:23	○
23	Thu	6:22	5.0	8:44	4.4	12:35	2.7	1:27	0.4	7:07	7:24	◐
24	Fri	7:31	4.9	9:38	4.6	1:51	2.6	2:29	0.4	7:05	7:25	◐
25	Sat	8:35	4.9	10:19	4.8	2:53	2.3	3:20	0.4	7:04	7:26	◐
26	Sun	9:31	5.0	10:53	4.9	3:44	2.0	4:03	0.4	7:02	7:27	◐
27	Mon	10:20	5.0	11:22	5.0	4:26	1.7	4:39	0.4	7:00	7:28	◐
28	Tue	11:04	5.0	11:48	5.1	5:04	1.4	5:12	0.5	6:59	7:29	◐
29	Wed	11:45	5.0			5:38	1.1	5:43	0.7	6:57	7:30	◐
30	Thu	12:13	5.2	12:25	4.9	6:10	0.9	6:13	0.9	6:56	7:31	◐
31	Fri	12:38	5.3	1:05	4.8	6:41	0.6	6:42	1.1	6:54	7:32	●