

Alcatraz Island, CA - May 2090

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	12:55	5.8	2:31	4.5	7:29	-0.5	7:21	2.2	6:12	8:00	
2	Tue	1:30	5.7	3:21	4.5	8:09	-0.6	8:04	2.4	6:11	8:01	
3	Wed	2:10	5.7	4:15	4.4	8:54	-0.7	8:55	2.6	6:10	8:02	
4	Thu	2:55	5.5	5:13	4.5	9:45	-0.6	9:58	2.7	6:09	8:03	
5	Fri	3:50	5.2	6:14	4.6	10:41	-0.4	11:15	2.7	6:08	8:04	
6	Sat	4:56	4.9	7:12	4.8	11:43	-0.2			6:07	8:05	
7	Sun	6:12	4.7	8:04	5.1	12:37	2.4	12:47	0.0	6:06	8:06	
8	Mon	7:33	4.6	8:51	5.4	1:50	1.8	1:48	0.2	6:05	8:07	
9	Tue	8:49	4.6	9:34	5.8	2:51	1.2	2:43	0.4	6:04	8:08	
10	Wed	9:59	4.7	10:15	6.1	3:45	0.5	3:34	0.7	6:03	8:08	
11	Thu	11:02	4.8	10:55	6.3	4:35	-0.2	4:23	1.0	6:02	8:09	
12	Fri			12:00	4.9	5:22	-0.7	5:10	1.3	6:01	8:10	
13	Sat			12:55	4.9	6:07	-1.0	5:56	1.7	6:00	8:11	
14	Sun	12:14	6.4	1:49	4.9	6:52	-1.1	6:44	2.0	5:59	8:12	
15	Mon	12:54	6.2	2:41	4.9	7:36	-1.1	7:33	2.3	5:58	8:13	
16	Tue	1:35	6.0	3:33	4.8	8:20	-1.0	8:25	2.6	5:58	8:14	
17	Wed	2:17	5.6	4:26	4.7	9:06	-0.7	9:23	2.7	5:57	8:15	
18	Thu	3:02	5.2	5:20	4.6	9:53	-0.4	10:29	2.8	5:56	8:15	
19	Fri	3:52	4.8	6:14	4.6	10:44	0.0	11:43	2.7	5:55	8:16	
20	Sat	4:50	4.4	7:04	4.7	11:37	0.3			5:55	8:17	
21	Sun	5:58	4.0	7:49	4.8	12:55	2.5	12:32	0.7	5:54	8:18	
22	Mon	7:13	3.8	8:28	5.0	1:57	2.1	1:25	0.9	5:53	8:19	
23	Tue	8:26	3.8	9:02	5.2	2:49	1.6	2:14	1.2	5:53	8:20	
24	Wed	9:31	3.9	9:34	5.4	3:34	1.1	2:59	1.4	5:52	8:20	
25	Thu	10:29	4.0	10:06	5.6	4:13	0.7	3:40	1.7	5:52	8:21	
26	Fri	11:20	4.2	10:38	5.8	4:48	0.2	4:19	1.9	5:51	8:22	
27	Sat			12:08	4.3	5:23	-0.2	4:57	2.1	5:51	8:23	
28	Sun			12:54	4.5	5:57	-0.5	5:36	2.3	5:50	8:23	
29	Mon			1:40	4.6	6:33	-0.8	6:18	2.4	5:50	8:24	
30	Tue	12:25	6.2	2:25	4.7	7:12	-1.0	7:02	2.6	5:49	8:25	
31	Wed	1:06	6.1	3:12	4.8	7:54	-1.1	7:50	2.7	5:49	8:25	