

Alcatraz Island, CA - Jun 2090

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	1:51	6.0	4:01	4.8	8:39	-1.1	8:46	2.7	5:49	8:26	
2	Fri	2:40	5.7	4:51	4.9	9:27	-0.9	9:51	2.6	5:48	8:27	
3	Sat	3:37	5.3	5:43	5.1	10:19	-0.6	11:06	2.4	5:48	8:27	
4	Sun	4:43	4.9	6:35	5.3	11:15	-0.2			5:48	8:28	
5	Mon	6:01	4.5	7:25	5.6	12:25	2.0	12:14	0.3	5:47	8:29	
6	Tue	7:25	4.2	8:13	5.9	1:38	1.4	1:14	0.7	5:47	8:29	
7	Wed	8:47	4.2	8:59	6.2	2:40	0.8	2:11	1.1	5:47	8:30	
8	Thu	10:00	4.3	9:43	6.4	3:36	0.1	3:06	1.5	5:47	8:30	
9	Fri	11:05	4.5	10:26	6.5	4:26	-0.4	3:58	1.8	5:47	8:31	
10	Sat			12:03	4.7	5:12	-0.8	4:48	2.1	5:47	8:31	
11	Sun			12:55	4.8	5:56	-1.0	5:37	2.3	5:47	8:32	
12	Mon			1:44	4.9	6:38	-1.1	6:25	2.5	5:47	8:32	
13	Tue	12:29	6.3	2:30	4.9	7:18	-1.0	7:14	2.7	5:47	8:33	
14	Wed	1:09	6.0	3:14	4.9	7:58	-0.8	8:03	2.8	5:47	8:33	
15	Thu	1:49	5.7	3:56	4.9	8:38	-0.6	8:55	2.8	5:47	8:33	
16	Fri	2:31	5.3	4:38	4.9	9:18	-0.3	9:52	2.8	5:47	8:34	
17	Sat	3:16	4.9	5:20	4.9	10:00	0.1	10:56	2.7	5:47	8:34	
18	Sun	4:07	4.4	6:01	4.9	10:44	0.5			5:47	8:34	
19	Mon	5:09	4.0	6:42	5.1	12:05	2.5	11:32 AM	0.9	5:47	8:34	
20	Tue	6:24	3.7	7:23	5.2	1:10	2.1	12:22	1.3	5:47	8:35	
21	Wed	7:46	3.6	8:02	5.5	2:07	1.7	1:14	1.7	5:48	8:35	
22	Thu	9:04	3.7	8:41	5.7	2:56	1.2	2:05	2.0	5:48	8:35	
23	Fri	10:09	3.9	9:20	5.9	3:39	0.7	2:54	2.2	5:48	8:35	
24	Sat	11:05	4.1	9:59	6.2	4:18	0.2	3:40	2.4	5:49	8:35	
25	Sun	11:54	4.4	10:39	6.4	4:56	-0.3	4:25	2.5	5:49	8:35	
26	Mon			12:40	4.6	5:34	-0.7	5:10	2.6	5:49	8:36	
27	Tue			1:23	4.8	6:14	-1.0	5:57	2.6	5:50	8:36	
28	Wed	12:05	6.6	2:06	5.0	6:55	-1.2	6:45	2.6	5:50	8:36	
29	Thu	12:51	6.5	2:49	5.1	7:37	-1.2	7:38	2.5	5:51	8:36	
30	Fri	1:39	6.3	3:33	5.3	8:22	-1.1	8:35	2.4	5:51	8:35	