

Alcatraz Island, CA - Jul 2090

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	2:32	5.9	4:19	5.5	9:08	-0.8	9:39	2.2	5:51	8:35	
2	Sun	3:30	5.4	5:06	5.6	9:57	-0.3	10:50	2.0	5:52	8:35	
3	Mon	4:37	4.9	5:56	5.8	10:49	0.2			5:52	8:35	
4	Tue	5:54	4.4	6:47	6.0	12:06	1.6	11:45 AM	0.8	5:53	8:35	
5	Wed	7:22	4.1	7:38	6.3	1:20	1.1	12:46	1.4	5:54	8:35	
6	Thu	8:48	4.1	8:29	6.4	2:26	0.6	1:48	1.9	5:54	8:34	
7	Fri	10:03	4.3	9:17	6.5	3:24	0.1	2:48	2.2	5:55	8:34	
8	Sat	11:05	4.5	10:04	6.6	4:15	-0.3	3:44	2.4	5:55	8:34	
9	Sun	11:58	4.8	10:48	6.5	5:01	-0.6	4:36	2.6	5:56	8:33	
10	Mon			12:45	4.9	5:43	-0.7	5:25	2.6	5:57	8:33	
11	Tue			1:27	5.0	6:22	-0.7	6:11	2.7	5:57	8:33	
12	Wed	12:10	6.2	2:06	5.0	6:59	-0.6	6:55	2.7	5:58	8:32	
13	Thu	12:50	6.0	2:41	5.0	7:34	-0.5	7:39	2.7	5:59	8:32	
14	Fri	1:28	5.7	3:15	5.0	8:09	-0.2	8:23	2.6	5:59	8:31	
15	Sat	2:07	5.4	3:48	5.0	8:43	0.1	9:10	2.6	6:00	8:31	
16	Sun	2:49	5.0	4:22	5.1	9:19	0.4	10:03	2.5	6:01	8:30	
17	Mon	3:35	4.6	4:58	5.2	9:57	0.8	11:02	2.3	6:01	8:30	
18	Tue	4:31	4.1	5:37	5.3	10:38	1.3			6:02	8:29	
19	Wed	5:42	3.8	6:20	5.4	12:08	2.1	11:25 AM	1.8	6:03	8:28	
20	Thu	7:09	3.6	7:05	5.6	1:12	1.7	12:20	2.2	6:04	8:28	
21	Fri	8:36	3.7	7:52	5.8	2:10	1.3	1:19	2.5	6:05	8:27	
22	Sat	9:48	4.0	8:40	6.1	3:00	0.8	2:17	2.7	6:05	8:26	
23	Sun	10:44	4.3	9:27	6.3	3:45	0.3	3:12	2.7	6:06	8:26	
24	Mon	11:31	4.6	10:14	6.6	4:28	-0.2	4:02	2.7	6:07	8:25	
25	Tue			12:14	4.8	5:09	-0.6	4:51	2.6	6:08	8:24	
26	Wed			12:54	5.1	5:51	-0.9	5:40	2.4	6:09	8:23	
27	Thu			1:35	5.3	6:34	-1.0	6:31	2.2	6:09	8:22	
28	Fri	12:40	6.7	2:15	5.5	7:16	-1.0	7:23	1.9	6:10	8:21	
29	Sat	1:32	6.5	2:57	5.7	8:00	-0.7	8:20	1.7	6:11	8:21	
30	Sun	2:26	6.0	3:40	5.9	8:45	-0.3	9:21	1.5	6:12	8:20	
31	Mon	3:26	5.5	4:26	6.0	9:32	0.3	10:28	1.4	6:13	8:19	