

Alcatraz Island, CA - Dec 2090

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	7:46	5.5	8:24	4.0	12:59	1.5	2:22	1.3	7:06	4:50	
2	Sat	8:19	5.6	9:22	4.2	1:46	1.8	3:03	0.8	7:07	4:50	
3	Sun	8:51	5.8	10:13	4.4	2:28	2.0	3:39	0.4	7:08	4:50	
4	Mon	9:23	6.0	10:59	4.5	3:08	2.2	4:12	0.0	7:09	4:50	
5	Tue	9:56	6.1	11:42	4.7	3:46	2.4	4:45	-0.3	7:10	4:50	
6	Wed	10:30	6.2			4:23	2.6	5:18	-0.5	7:11	4:50	
7	Thu	12:24	4.8	11:06 AM	6.3	5:02	2.7	5:54	-0.7	7:12	4:50	
8	Fri	1:06	4.8	11:45 AM	6.2	5:43	2.8	6:32	-0.8	7:13	4:50	
9	Sat	1:49	4.9	12:26	6.1	6:27	2.8	7:13	-0.8	7:13	4:50	
10	Sun	2:34	5.0	1:12	5.9	7:18	2.8	7:57	-0.7	7:14	4:50	
11	Mon	3:21	5.1	2:04	5.5	8:16	2.8	8:46	-0.4	7:15	4:50	
12	Tue	4:09	5.2	3:06	5.1	9:26	2.6	9:38	0.0	7:16	4:51	
13	Wed	4:59	5.4	4:20	4.6	10:44	2.3	10:36	0.5	7:16	4:51	
14	Thu	5:50	5.6	5:46	4.3			12:01	1.8	7:17	4:51	
15	Fri	6:39	6.0	7:13	4.2			1:08	1.1	7:18	4:51	
16	Sat	7:27	6.3	8:31	4.4	12:37	1.4	2:07	0.4	7:18	4:52	
17	Sun	8:13	6.6	9:39	4.6	1:36	1.7	2:59	-0.2	7:19	4:52	
18	Mon	8:58	6.8	10:38	4.9	2:31	2.0	3:47	-0.7	7:20	4:52	
19	Tue	9:43	6.8	11:31	5.0	3:24	2.2	4:32	-1.0	7:20	4:53	
20	Wed	10:26	6.8			4:14	2.4	5:15	-1.1	7:21	4:53	
21	Thu	12:19	5.2	11:09 AM	6.6	5:04	2.5	5:57	-1.1	7:21	4:54	
22	Fri	1:05	5.2	11:52 AM	6.4	5:53	2.6	6:38	-0.9	7:22	4:54	
23	Sat	1:49	5.2	12:34	6.0	6:43	2.7	7:19	-0.7	7:22	4:55	
24	Sun	2:32	5.2	1:17	5.6	7:34	2.7	7:59	-0.3	7:22	4:56	
25	Mon	3:14	5.1	2:02	5.1	8:30	2.7	8:40	0.1	7:23	4:56	
26	Tue	3:55	5.1	2:53	4.6	9:32	2.7	9:24	0.6	7:23	4:57	
27	Wed	4:37	5.1	3:53	4.1	10:40	2.5	10:11	1.1	7:23	4:57	
28	Thu	5:20	5.2	5:09	3.8	11:50	2.2	11:03	1.5	7:24	4:58	
29	Fri	6:03	5.3	6:36	3.6			12:52	1.8	7:24	4:59	
30	Sat	6:45	5.5	7:59	3.7			1:46	1.3	7:24	5:00	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Sun	7:26	5.7	9:05	3.9	12:54	2.3	2:31	0.8	7:24	5:00	