

Alcatraz Island, CA - Jul 2091

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun			1:47	5.1	6:40	-1.2	6:30	2.6	5:51	8:35	
2	Mon	12:34	6.6	2:33	5.2	7:23	-1.1	7:23	2.6	5:52	8:35	
3	Tue	1:20	6.3	3:17	5.2	8:06	-0.9	8:16	2.6	5:52	8:35	
4	Wed	2:05	5.8	3:59	5.2	8:48	-0.6	9:12	2.6	5:53	8:35	
5	Thu	2:52	5.4	4:41	5.2	9:30	-0.1	10:13	2.5	5:53	8:35	
6	Fri	3:42	4.8	5:23	5.2	10:14	0.3	11:19	2.4	5:54	8:34	
7	Sat	4:40	4.3	6:05	5.2	10:59	0.9			5:55	8:34	
8	Sun	5:50	3.9	6:47	5.3	12:27	2.1	11:49 AM	1.4	5:55	8:34	
9	Mon	7:13	3.7	7:29	5.5	1:31	1.8	12:42	1.8	5:56	8:34	
10	Tue	8:38	3.7	8:10	5.6	2:28	1.4	1:37	2.2	5:56	8:33	
11	Wed	9:51	3.8	8:51	5.8	3:16	0.9	2:29	2.5	5:57	8:33	
12	Thu	10:48	4.1	9:31	6.0	3:59	0.5	3:18	2.7	5:58	8:32	
13	Fri	11:35	4.3	10:11	6.2	4:37	0.2	4:03	2.8	5:58	8:32	
14	Sat			12:16	4.5	5:13	-0.2	4:46	2.8	5:59	8:31	
15	Sun			12:55	4.7	5:48	-0.5	5:28	2.8	6:00	8:31	
16	Mon			1:32	4.9	6:24	-0.7	6:10	2.7	6:01	8:30	
17	Tue	12:13	6.4	2:09	5.0	7:01	-0.8	6:54	2.6	6:01	8:30	
18	Wed	12:57	6.3	2:47	5.2	7:39	-0.8	7:42	2.5	6:02	8:29	
19	Thu	1:42	6.1	3:26	5.3	8:19	-0.6	8:35	2.3	6:03	8:29	
20	Fri	2:32	5.7	4:07	5.5	9:01	-0.3	9:34	2.1	6:04	8:28	
21	Sat	3:29	5.3	4:51	5.7	9:46	0.2	10:41	1.8	6:04	8:27	
22	Sun	4:35	4.8	5:38	5.9	10:36	0.7	11:54	1.5	6:05	8:27	
23	Mon	5:55	4.3	6:29	6.1	11:32	1.3			6:06	8:26	
24	Tue	7:25	4.1	7:22	6.3	1:08	1.0	12:35	1.8	6:07	8:25	
25	Wed	8:53	4.2	8:16	6.5	2:15	0.5	1:41	2.2	6:08	8:24	
26	Thu	10:06	4.5	9:10	6.7	3:15	0.0	2:45	2.5	6:08	8:23	
27	Fri	11:06	4.8	10:01	6.8	4:08	-0.4	3:45	2.6	6:09	8:23	
28	Sat	11:57	5.0	10:50	6.7	4:56	-0.7	4:39	2.5	6:10	8:22	
29	Sun			12:42	5.2	5:41	-0.8	5:30	2.5	6:11	8:21	
30	Mon			1:23	5.3	6:22	-0.7	6:19	2.4	6:12	8:20	
31	Tue	12:21	6.4	2:02	5.3	7:02	-0.6	7:05	2.4	6:13	8:19	