

Alcatraz Island, CA - Aug 2091

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed	1:05	6.1	2:38	5.3	7:39	-0.3	7:51	2.3	6:13	8:18	
2	Thu	1:47	5.7	3:13	5.3	8:16	0.0	8:38	2.2	6:14	8:17	
3	Fri	2:31	5.3	3:47	5.3	8:53	0.4	9:28	2.2	6:15	8:16	
4	Sat	3:17	4.9	4:21	5.3	9:30	0.9	10:23	2.1	6:16	8:15	
5	Sun	4:10	4.4	4:59	5.3	10:11	1.4	11:24	2.0	6:17	8:14	
6	Mon	5:15	4.0	5:40	5.3	10:57	1.9			6:18	8:13	
7	Tue	6:38	3.8	6:27	5.4	12:31	1.8	11:52 AM	2.4	6:18	8:12	
8	Wed	8:09	3.8	7:17	5.6	1:35	1.5	12:55	2.7	6:19	8:10	
9	Thu	9:25	4.0	8:07	5.7	2:31	1.1	1:58	2.9	6:20	8:09	
10	Fri	10:21	4.2	8:56	5.9	3:20	0.7	2:53	2.9	6:21	8:08	
11	Sat	11:05	4.5	9:43	6.1	4:02	0.3	3:41	2.8	6:22	8:07	
12	Sun	11:43	4.7	10:29	6.3	4:41	0.0	4:26	2.7	6:23	8:06	
13	Mon			12:18	5.0	5:19	-0.3	5:08	2.5	6:24	8:04	
14	Tue			12:54	5.2	5:56	-0.5	5:52	2.2	6:24	8:03	
15	Wed	12:00	6.5	1:29	5.4	6:34	-0.5	6:37	2.0	6:25	8:02	
16	Thu	12:47	6.4	2:05	5.6	7:13	-0.4	7:25	1.7	6:26	8:01	
17	Fri	1:37	6.1	2:43	5.8	7:53	-0.1	8:17	1.4	6:27	7:59	
18	Sat	2:30	5.8	3:24	5.9	8:36	0.3	9:14	1.2	6:28	7:58	
19	Sun	3:30	5.3	4:08	6.0	9:21	0.9	10:18	1.1	6:29	7:57	
20	Mon	4:39	4.8	4:58	6.1	10:13	1.5	11:29	0.9	6:30	7:55	
21	Tue	6:00	4.4	5:53	6.2	11:13	2.0			6:31	7:54	
22	Wed	7:30	4.3	6:54	6.2	12:44	0.6	12:25	2.5	6:31	7:53	
23	Thu	8:53	4.5	7:57	6.3	1:56	0.4	1:40	2.7	6:32	7:51	
24	Fri	9:58	4.8	8:56	6.3	2:58	0.1	2:48	2.6	6:33	7:50	
25	Sat	10:50	5.0	9:51	6.4	3:52	-0.1	3:47	2.5	6:34	7:48	
26	Sun	11:34	5.2	10:42	6.3	4:39	-0.2	4:38	2.3	6:35	7:47	
27	Mon			12:13	5.3	5:21	-0.2	5:24	2.1	6:36	7:46	
28	Tue			12:49	5.4	5:59	-0.1	6:06	1.9	6:36	7:44	
29	Wed	12:11	6.0	1:21	5.4	6:34	0.1	6:46	1.8	6:37	7:43	
30	Thu	12:53	5.8	1:51	5.4	7:08	0.4	7:25	1.7	6:38	7:41	
31	Fri	1:34	5.5	2:19	5.4	7:41	0.7	8:05	1.6	6:39	7:40	