

Alcatraz Island, CA - Nov 2091

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:28	4.4	2:57	5.3	9:06	3.1	9:50	0.3	7:35	6:10	
2	Fri	5:27	4.4	3:48	5.0	10:07	3.3	10:44	0.4	7:36	6:09	
3	Sat	6:27	4.5	4:51	4.8	11:26	3.2	11:45	0.4	7:37	6:08	
4	Sun	6:22	4.7	5:05	4.7	11:45	2.9	11:47	0.5	6:38	5:07	
5	Mon	7:09	5.0	6:22	4.7			12:50	2.4	6:39	5:06	
6	Tue	7:51	5.3	7:34	4.8	12:45	0.5	1:44	1.8	6:40	5:05	
7	Wed	8:29	5.7	8:40	5.0	1:38	0.6	2:32	1.1	6:41	5:04	
8	Thu	9:07	6.1	9:42	5.2	2:26	0.8	3:19	0.3	6:43	5:03	
9	Fri	9:45	6.4	10:41	5.3	3:13	1.0	4:05	-0.4	6:44	5:02	
10	Sat	10:24	6.7	11:38	5.4	3:59	1.3	4:52	-0.9	6:45	5:01	
11	Sun	11:06	6.8			4:46	1.6	5:40	-1.2	6:46	5:01	
12	Mon	12:35	5.4	11:49 AM	6.8	5:34	2.0	6:29	-1.3	6:47	5:00	
13	Tue	1:32	5.3	12:36	6.7	6:26	2.3	7:20	-1.2	6:48	4:59	
14	Wed	2:30	5.2	1:25	6.3	7:23	2.6	8:13	-0.9	6:49	4:58	
15	Thu	3:31	5.2	2:20	5.9	8:29	2.8	9:10	-0.5	6:50	4:58	
16	Fri	4:33	5.1	3:22	5.3	9:46	2.9	10:11	-0.1	6:51	4:57	
17	Sat	5:35	5.2	4:32	4.9	11:09	2.7	11:13	0.3	6:52	4:56	
18	Sun	6:32	5.3	5:49	4.5			12:25	2.3	6:53	4:56	
19	Mon	7:21	5.4	7:06	4.4	12:13	0.7	1:28	1.9	6:54	4:55	
20	Tue	8:03	5.6	8:15	4.4	1:08	1.0	2:20	1.4	6:55	4:54	
21	Wed	8:38	5.7	9:14	4.4	1:56	1.3	3:04	0.9	6:56	4:54	
22	Thu	9:10	5.8	10:06	4.5	2:39	1.6	3:42	0.6	6:57	4:53	
23	Fri	9:38	5.9	10:53	4.6	3:17	1.9	4:17	0.3	6:58	4:53	
24	Sat	10:06	5.9	11:37	4.6	3:54	2.1	4:50	0.0	6:59	4:52	
25	Sun	10:35	6.0			4:29	2.4	5:21	-0.2	7:00	4:52	
26	Mon	12:18	4.7	11:05 AM	6.0	5:04	2.6	5:52	-0.3	7:01	4:52	
27	Tue	12:59	4.7	11:37 AM	5.9	5:39	2.8	6:25	-0.3	7:02	4:51	
28	Wed	1:40	4.7	12:11	5.8	6:16	3.0	7:00	-0.4	7:03	4:51	
29	Thu	2:23	4.7	12:48	5.6	6:57	3.1	7:38	-0.3	7:04	4:51	
30	Fri	3:08	4.7	1:30	5.4	7:45	3.1	8:21	-0.2	7:05	4:51	