

Alcatraz Island, CA - Jan 2092

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	4:49	5.3	4:13	4.4	10:37	2.3	10:25	0.7	7:25	5:01	
2	Wed	5:36	5.6	5:42	4.1	11:52	1.7	11:24	1.2	7:25	5:02	
3	Thu	6:24	5.9	7:14	4.1			1:00	1.0	7:25	5:03	
4	Fri	7:13	6.3	8:36	4.3	12:25	1.7	2:00	0.3	7:25	5:03	
5	Sat	8:01	6.6	9:45	4.6	1:26	2.1	2:54	-0.4	7:25	5:04	
6	Sun	8:49	6.8	10:43	4.9	2:25	2.3	3:44	-0.9	7:25	5:05	
7	Mon	9:38	7.0	11:35	5.1	3:21	2.5	4:31	-1.2	7:25	5:06	
8	Tue	10:25	7.0			4:15	2.5	5:17	-1.4	7:25	5:07	
9	Wed	12:23	5.3	11:13 AM	6.9	5:07	2.5	6:01	-1.3	7:24	5:08	
10	Thu	1:09	5.3	12:00	6.6	5:59	2.5	6:45	-1.1	7:24	5:09	
11	Fri	1:52	5.4	12:47	6.2	6:52	2.5	7:28	-0.8	7:24	5:10	
12	Sat	2:35	5.4	1:35	5.6	7:47	2.5	8:10	-0.3	7:24	5:11	
13	Sun	3:17	5.3	2:25	5.1	8:46	2.4	8:53	0.2	7:24	5:12	
14	Mon	4:00	5.3	3:22	4.5	9:51	2.3	9:39	0.8	7:23	5:13	
15	Tue	4:43	5.3	4:32	4.0	11:01	2.1	10:29	1.4	7:23	5:14	
16	Wed	5:27	5.3	5:59	3.7			12:11	1.8	7:23	5:15	
17	Thu	6:11	5.4	7:32	3.7			1:13	1.4	7:22	5:16	
18	Fri	6:55	5.5	8:49	3.9	12:25	2.3	2:06	0.9	7:22	5:17	
19	Sat	7:38	5.7	9:46	4.1	1:23	2.6	2:51	0.5	7:21	5:18	
20	Sun	8:20	5.9	10:31	4.4	2:15	2.8	3:30	0.2	7:21	5:19	
21	Mon	9:00	6.0	11:10	4.6	3:02	2.9	4:06	-0.1	7:20	5:20	
22	Tue	9:40	6.2	11:45	4.7	3:43	2.9	4:40	-0.4	7:20	5:22	
23	Wed	10:20	6.2			4:22	2.8	5:13	-0.6	7:19	5:23	
24	Thu	12:19	4.9	10:59 AM	6.3	5:01	2.7	5:46	-0.7	7:19	5:24	
25	Fri	12:52	5.0	11:39 AM	6.2	5:40	2.6	6:21	-0.7	7:18	5:25	
26	Sat	1:26	5.1	12:21	6.0	6:21	2.4	6:57	-0.6	7:17	5:26	
27	Sun	2:01	5.2	1:07	5.7	7:07	2.2	7:35	-0.3	7:17	5:27	
28	Mon	2:38	5.3	1:57	5.3	7:59	2.0	8:16	0.1	7:16	5:28	
29	Tue	3:18	5.5	2:57	4.8	8:59	1.8	9:01	0.6	7:15	5:29	
30	Wed	4:01	5.6	4:11	4.3	10:08	1.5	9:53	1.3	7:14	5:30	
31	Thu	4:50	5.8	5:43	4.0	11:23	1.1	10:54	1.9	7:13	5:32	