

Alcatraz Island, CA - Mar 2092

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	5:11	5.8	7:21	4.2			12:13	0.2	6:39	6:04	
2	Sun	6:17	5.8	8:34	4.5	12:02	2.7	1:24	-0.1	6:37	6:05	
3	Mon	7:24	5.9	9:29	4.8	1:20	2.6	2:24	-0.3	6:36	6:06	
4	Tue	8:25	6.0	10:14	5.1	2:25	2.4	3:15	-0.5	6:34	6:07	
5	Wed	9:21	6.0	10:54	5.2	3:20	2.1	4:00	-0.5	6:33	6:08	
6	Thu	10:11	6.0	11:30	5.3	4:09	1.8	4:40	-0.5	6:31	6:09	
7	Fri	10:58	5.8			4:53	1.5	5:18	-0.3	6:30	6:10	
8	Sat	12:03	5.4	11:42 AM	5.6	5:35	1.3	5:53	0.0	6:28	6:11	
9	Sun	12:33	5.4	1:25	5.3	7:14	1.1	7:27	0.4	7:27	7:12	
10	Mon	2:02	5.4	2:08	5.0	7:53	1.0	8:00	0.8	7:25	7:13	
11	Tue	2:30	5.3	2:53	4.6	8:33	1.0	8:34	1.3	7:24	7:14	
12	Wed	2:59	5.3	3:42	4.3	9:15	0.9	9:11	1.8	7:22	7:14	
13	Thu	3:31	5.2	4:41	4.0	10:03	1.0	9:53	2.3	7:21	7:15	
14	Fri	4:09	5.1	5:57	3.8	10:59	1.0	10:47	2.7	7:19	7:16	
15	Sat	4:56	4.9	7:28	3.7			12:04	1.0	7:18	7:17	
16	Sun	5:54	4.9	8:46	3.9	12:03	3.0	1:13	0.8	7:16	7:18	
17	Mon	6:59	4.9	9:39	4.2	1:24	3.0	2:15	0.6	7:15	7:19	
18	Tue	8:03	5.0	10:18	4.4	2:29	2.8	3:06	0.3	7:13	7:20	
19	Wed	9:01	5.2	10:51	4.7	3:19	2.5	3:50	0.0	7:12	7:21	
20	Thu	9:54	5.4	11:22	4.9	4:02	2.2	4:30	-0.2	7:10	7:22	
21	Fri	10:44	5.6	11:54	5.2	4:43	1.7	5:07	-0.3	7:09	7:23	
22	Sat	11:33	5.7			5:23	1.2	5:45	-0.2	7:07	7:24	
23	Sun	12:26	5.4	12:22	5.7	6:04	0.7	6:23	0.0	7:06	7:25	
24	Mon	12:59	5.7	1:13	5.6	6:48	0.3	7:02	0.3	7:04	7:26	
25	Tue	1:34	5.9	2:07	5.3	7:35	-0.1	7:43	0.8	7:03	7:27	
26	Wed	2:12	6.0	3:06	5.0	8:26	-0.3	8:28	1.3	7:01	7:28	
27	Thu	2:54	6.0	4:11	4.7	9:21	-0.4	9:18	1.9	7:00	7:28	
28	Fri	3:42	5.9	5:27	4.4	10:23	-0.3	10:20	2.4	6:58	7:29	
29	Sat	4:37	5.7	6:50	4.3	11:33	-0.2	11:40	2.7	6:57	7:30	
30	Sun	5:44	5.5	8:09	4.5			12:47	-0.2	6:55	7:31	
31	Mon	6:57	5.3	9:11	4.8	1:09	2.7	1:57	-0.2	6:54	7:32	