

Alcatraz Island, CA - May 2093

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	3:24	4.9	6:22	4.2	10:32	0.1	11:07	3.2	6:12	8:01	
2	Sat	4:16	4.6	7:22	4.2	11:29	0.3			6:11	8:01	
3	Sun	5:20	4.4	8:11	4.4	12:29	3.1	12:30	0.4	6:10	8:02	
4	Mon	6:33	4.2	8:50	4.6	1:38	2.8	1:27	0.4	6:09	8:03	
5	Tue	7:45	4.2	9:23	4.8	2:32	2.3	2:17	0.5	6:08	8:04	
6	Wed	8:52	4.3	9:54	5.1	3:17	1.8	3:02	0.6	6:06	8:05	
7	Thu	9:52	4.4	10:24	5.4	3:56	1.2	3:42	0.7	6:05	8:06	
8	Fri	10:48	4.6	10:55	5.7	4:35	0.6	4:22	0.9	6:04	8:07	
9	Sat	11:43	4.7	11:28	6.0	5:13	0.0	5:02	1.2	6:04	8:08	
10	Sun			12:37	4.8	5:54	-0.6	5:43	1.6	6:03	8:09	
11	Mon	12:03	6.2	1:32	4.8	6:37	-1.0	6:26	1.9	6:02	8:10	
12	Tue	12:41	6.4	2:28	4.8	7:23	-1.3	7:12	2.3	6:01	8:10	
13	Wed	1:24	6.4	3:26	4.8	8:11	-1.4	8:04	2.6	6:00	8:11	
14	Thu	2:11	6.2	4:27	4.8	9:04	-1.4	9:04	2.8	5:59	8:12	
15	Fri	3:04	5.9	5:30	4.8	10:01	-1.1	10:19	2.9	5:58	8:13	
16	Sat	4:05	5.5	6:33	4.9	11:03	-0.8	11:45	2.7	5:57	8:14	
17	Sun	5:16	5.1	7:32	5.1			12:08	-0.5	5:57	8:15	
18	Mon	6:36	4.7	8:23	5.3	1:09	2.3	1:10	-0.1	5:56	8:16	
19	Tue	7:56	4.5	9:07	5.6	2:19	1.8	2:07	0.2	5:55	8:17	
20	Wed	9:10	4.4	9:47	5.8	3:18	1.1	2:58	0.6	5:54	8:17	
21	Thu	10:17	4.4	10:23	5.9	4:08	0.6	3:44	1.0	5:54	8:18	
22	Fri	11:16	4.5	10:55	6.0	4:53	0.1	4:27	1.4	5:53	8:19	
23	Sat			12:10	4.5	5:33	-0.2	5:08	1.8	5:53	8:20	
24	Sun			1:01	4.5	6:10	-0.5	5:47	2.2	5:52	8:21	
25	Mon			1:48	4.5	6:45	-0.6	6:26	2.5	5:51	8:21	
26	Tue	12:26	5.8	2:33	4.5	7:20	-0.6	7:06	2.8	5:51	8:22	
27	Wed	12:57	5.7	3:18	4.5	7:55	-0.6	7:47	3.0	5:50	8:23	
28	Thu	1:31	5.5	4:03	4.4	8:31	-0.5	8:32	3.1	5:50	8:24	
29	Fri	2:08	5.3	4:49	4.4	9:11	-0.4	9:24	3.2	5:50	8:24	
30	Sat	2:50	5.0	5:36	4.4	9:54	-0.2	10:27	3.2	5:49	8:25	
31	Sun	3:38	4.7	6:22	4.5	10:41	0.0	11:41	3.0	5:49	8:26	