

Alcatraz Island, CA - Jun 2093

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:35	4.4	7:06	4.7	11:31	0.3			5:48	8:26	
2	Tue	5:44	4.1	7:46	4.9	12:51	2.7	12:24	0.5	5:48	8:27	
3	Wed	7:02	3.9	8:22	5.2	1:50	2.2	1:15	0.8	5:48	8:28	
4	Thu	8:20	3.9	8:58	5.5	2:40	1.6	2:05	1.1	5:48	8:28	
5	Fri	9:32	4.1	9:33	5.9	3:25	0.9	2:53	1.4	5:47	8:29	
6	Sat	10:38	4.3	10:10	6.2	4:08	0.2	3:39	1.7	5:47	8:29	
7	Sun	11:38	4.5	10:49	6.5	4:51	-0.5	4:26	2.0	5:47	8:30	
8	Mon			12:35	4.7	5:36	-1.1	5:14	2.3	5:47	8:30	
9	Tue			1:30	4.9	6:22	-1.5	6:03	2.5	5:47	8:31	
10	Wed	12:16	6.8	2:24	5.0	7:10	-1.7	6:56	2.7	5:47	8:31	
11	Thu	1:04	6.8	3:17	5.1	7:59	-1.7	7:53	2.8	5:47	8:32	
12	Fri	1:56	6.5	4:10	5.1	8:51	-1.5	8:58	2.8	5:47	8:32	
13	Sat	2:51	6.1	5:04	5.2	9:44	-1.2	10:11	2.7	5:47	8:33	
14	Sun	3:53	5.5	5:58	5.3	10:39	-0.7	11:32	2.4	5:47	8:33	
15	Mon	5:02	4.9	6:50	5.5	11:36	-0.2			5:47	8:33	
16	Tue	6:20	4.4	7:39	5.7	12:51	2.0	12:33	0.4	5:47	8:34	
17	Wed	7:44	4.1	8:25	5.9	2:01	1.5	1:29	0.9	5:47	8:34	
18	Thu	9:05	4.1	9:06	6.0	3:01	0.9	2:23	1.4	5:47	8:34	
19	Fri	10:16	4.1	9:44	6.1	3:53	0.4	3:12	1.9	5:47	8:35	
20	Sat	11:18	4.3	10:19	6.2	4:37	0.0	3:59	2.2	5:48	8:35	
21	Sun			12:11	4.4	5:17	-0.3	4:43	2.6	5:48	8:35	
22	Mon			12:58	4.6	5:53	-0.5	5:25	2.8	5:48	8:35	
23	Tue			1:41	4.6	6:28	-0.5	6:06	3.0	5:48	8:35	
24	Wed			2:20	4.6	7:01	-0.6	6:45	3.1	5:49	8:35	
25	Thu	12:33	5.9	2:57	4.7	7:34	-0.6	7:25	3.1	5:49	8:35	
26	Fri	1:09	5.8	3:33	4.7	8:08	-0.5	8:07	3.1	5:49	8:36	
27	Sat	1:46	5.5	4:09	4.7	8:43	-0.4	8:53	3.1	5:50	8:36	
28	Sun	2:26	5.3	4:46	4.8	9:20	-0.2	9:46	3.0	5:50	8:36	
29	Mon	3:10	4.9	5:24	4.9	9:59	0.1	10:48	2.9	5:51	8:35	
30	Tue	4:03	4.5	6:04	5.1	10:42	0.4	11:55	2.5	5:51	8:35	