

Alcatraz Island, CA - Aug 2093

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	7:52	3.9	7:23	6.1	1:21	1.1	12:41	2.4	6:14	8:17	
2	Sun	9:18	4.1	8:16	6.4	2:23	0.5	1:47	2.7	6:15	8:16	
3	Mon	10:26	4.4	9:11	6.7	3:20	-0.1	2:50	2.8	6:15	8:15	
4	Tue	11:21	4.8	10:05	7.0	4:12	-0.7	3:50	2.8	6:16	8:14	
5	Wed			12:09	5.0	5:02	-1.0	4:46	2.6	6:17	8:13	
6	Thu			12:53	5.3	5:50	-1.2	5:40	2.4	6:18	8:12	
7	Fri			1:36	5.5	6:37	-1.2	6:34	2.2	6:19	8:11	
8	Sat	12:44	6.9	2:18	5.6	7:22	-1.0	7:29	1.9	6:20	8:10	
9	Sun	1:37	6.5	2:59	5.7	8:06	-0.6	8:26	1.8	6:21	8:09	
10	Mon	2:31	6.0	3:41	5.8	8:51	-0.1	9:26	1.6	6:21	8:07	
11	Tue	3:29	5.3	4:24	5.8	9:36	0.6	10:31	1.5	6:22	8:06	
12	Wed	4:35	4.7	5:09	5.8	10:25	1.3	11:41	1.4	6:23	8:05	
13	Thu	5:52	4.3	5:57	5.8	11:20	1.9			6:24	8:04	
14	Fri	7:23	4.1	6:48	5.7	12:52	1.2	12:24	2.5	6:25	8:03	
15	Sat	8:52	4.2	7:41	5.7	1:59	0.9	1:31	2.8	6:26	8:01	
16	Sun	10:00	4.4	8:32	5.8	2:57	0.7	2:34	3.0	6:27	8:00	
17	Mon	10:51	4.6	9:20	5.9	3:46	0.4	3:28	3.0	6:28	7:59	
18	Tue	11:32	4.8	10:04	5.9	4:29	0.2	4:15	2.9	6:28	7:57	
19	Wed			12:07	4.9	5:06	0.1	4:55	2.8	6:29	7:56	
20	Thu			12:38	4.9	5:39	0.0	5:32	2.6	6:30	7:55	
21	Fri			1:06	5.0	6:11	0.0	6:07	2.5	6:31	7:53	
22	Sat	12:02	6.0	1:33	5.1	6:40	0.0	6:41	2.3	6:32	7:52	
23	Sun	12:40	5.8	2:01	5.2	7:10	0.1	7:17	2.1	6:33	7:51	
24	Mon	1:19	5.6	2:29	5.3	7:40	0.3	7:56	1.9	6:34	7:49	
25	Tue	2:01	5.4	3:00	5.4	8:12	0.7	8:39	1.7	6:34	7:48	
26	Wed	2:48	5.0	3:33	5.5	8:46	1.1	9:29	1.5	6:35	7:46	
27	Thu	3:43	4.6	4:11	5.6	9:26	1.6	10:28	1.3	6:36	7:45	
28	Fri	4:53	4.3	4:55	5.7	10:12	2.1	11:35	1.0	6:37	7:43	
29	Sat	6:21	4.1	5:49	5.8	11:11	2.6			6:38	7:42	
30	Sun	7:55	4.1	6:50	6.0	12:47	0.7	12:25	2.9	6:39	7:40	
31	Mon	9:13	4.4	7:55	6.2	1:57	0.3	1:42	3.0	6:39	7:39	