

Alcatraz Island, CA - Oct 2093

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	10:28	5.4	9:52	6.0	3:29	-0.2	3:50	1.9	7:06	6:51	
2	Fri	11:07	5.6	10:49	6.0	4:17	-0.2	4:40	1.4	7:07	6:50	
3	Sat	11:43	5.8	11:44	5.9	5:01	0.0	5:27	0.9	7:08	6:48	
4	Sun			12:18	6.0	5:43	0.3	6:13	0.5	7:08	6:47	
5	Mon	12:36	5.7	12:53	6.1	6:23	0.7	6:58	0.3	7:09	6:45	
6	Tue	1:29	5.5	1:26	6.0	7:03	1.2	7:42	0.2	7:10	6:44	
7	Wed	2:22	5.2	2:00	5.9	7:44	1.7	8:27	0.2	7:11	6:42	
8	Thu	3:17	4.9	2:35	5.7	8:27	2.3	9:14	0.3	7:12	6:41	
9	Fri	4:19	4.6	3:14	5.5	9:16	2.8	10:07	0.5	7:13	6:39	
10	Sat	5:29	4.5	3:59	5.2	10:17	3.1	11:06	0.6	7:14	6:38	
11	Sun	6:46	4.4	4:55	5.0	11:35	3.3			7:15	6:36	
12	Mon	7:57	4.5	6:01	4.8	12:12	0.8	12:56	3.3	7:16	6:35	
13	Tue	8:50	4.7	7:11	4.7	1:17	0.8	2:02	3.0	7:17	6:34	
14	Wed	9:30	4.8	8:16	4.8	2:14	0.7	2:54	2.6	7:18	6:32	
15	Thu	10:02	5.0	9:13	4.9	3:01	0.7	3:36	2.2	7:19	6:31	
16	Fri	10:30	5.2	10:03	5.0	3:41	0.7	4:14	1.8	7:20	6:29	
17	Sat	10:57	5.4	10:50	5.1	4:16	0.7	4:48	1.4	7:21	6:28	
18	Sun	11:23	5.6	11:36	5.2	4:49	0.8	5:22	0.9	7:22	6:27	
19	Mon	11:51	5.8			5:22	1.0	5:57	0.5	7:23	6:25	
20	Tue	12:23	5.2	12:20	5.9	5:55	1.3	6:34	0.1	7:23	6:24	
21	Wed	1:12	5.1	12:51	6.1	6:30	1.7	7:14	-0.2	7:24	6:23	
22	Thu	2:03	5.0	1:26	6.1	7:08	2.1	7:58	-0.4	7:25	6:21	
23	Fri	2:59	4.9	2:05	6.1	7:50	2.5	8:47	-0.5	7:26	6:20	
24	Sat	4:01	4.7	2:51	6.0	8:40	2.8	9:43	-0.4	7:27	6:19	
25	Sun	5:09	4.6	3:46	5.8	9:42	3.1	10:46	-0.3	7:28	6:18	
26	Mon	6:22	4.7	4:54	5.5	11:04	3.2	11:56	-0.1	7:30	6:16	
27	Tue	7:30	4.9	6:12	5.3			12:35	3.0	7:31	6:15	
28	Wed	8:26	5.1	7:31	5.2	1:05	0.0	1:53	2.5	7:32	6:14	
29	Thu	9:13	5.5	8:44	5.2	2:07	0.1	2:55	1.9	7:33	6:13	
30	Fri	9:54	5.7	9:50	5.2	3:00	0.2	3:48	1.3	7:34	6:12	
31	Sat	10:31	6.0	10:50	5.3	3:48	0.5	4:36	0.7	7:35	6:11	