

Alcatraz Island, CA - Nov 2093

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	10:06	6.2	10:46	5.2	3:31	0.8	4:20	0.2	6:36	5:10	
2	Mon	10:39	6.2	11:39	5.1	4:13	1.2	5:02	-0.1	6:37	5:09	
3	Tue	11:12	6.2			4:53	1.6	5:42	-0.3	6:38	5:08	
4	Wed	12:30	5.0	11:44 AM	6.1	5:33	2.1	6:22	-0.4	6:39	5:07	
5	Thu	1:22	4.9	12:16	6.0	6:14	2.5	7:01	-0.3	6:40	5:06	
6	Fri	2:14	4.8	12:49	5.8	6:57	2.9	7:42	-0.2	6:41	5:05	
7	Sat	3:08	4.7	1:26	5.5	7:46	3.2	8:27	0.0	6:42	5:04	
8	Sun	4:06	4.6	2:09	5.2	8:45	3.4	9:17	0.3	6:43	5:03	
9	Mon	5:07	4.5	3:01	4.8	9:59	3.4	10:13	0.5	6:44	5:02	
10	Tue	6:05	4.6	4:06	4.5	11:20	3.3	11:13	0.7	6:45	5:01	
11	Wed	6:53	4.7	5:19	4.3			12:28	3.0	6:46	5:00	
12	Thu	7:32	4.9	6:32	4.3	12:10	0.8	1:23	2.5	6:47	4:59	
13	Fri	8:05	5.2	7:40	4.3	1:01	0.9	2:08	2.0	6:48	4:59	
14	Sat	8:35	5.4	8:40	4.5	1:45	1.0	2:47	1.4	6:49	4:58	
15	Sun	9:04	5.7	9:35	4.6	2:25	1.2	3:23	0.8	6:51	4:57	
16	Mon	9:34	6.0	10:28	4.8	3:03	1.4	3:59	0.3	6:52	4:57	
17	Tue	10:05	6.2	11:20	4.9	3:41	1.7	4:36	-0.3	6:53	4:56	
18	Wed	10:39	6.4			4:20	2.0	5:16	-0.7	6:54	4:55	
19	Thu	12:12	5.0	11:15 AM	6.5	5:01	2.3	5:58	-1.0	6:55	4:55	
20	Fri	1:05	5.0	11:56 AM	6.6	5:45	2.6	6:44	-1.2	6:56	4:54	
21	Sat	2:00	5.0	12:40	6.5	6:34	2.8	7:34	-1.1	6:57	4:54	
22	Sun	2:57	5.0	1:31	6.2	7:30	3.0	8:28	-1.0	6:58	4:53	
23	Mon	3:57	5.0	2:30	5.8	8:38	3.1	9:27	-0.7	6:59	4:53	
24	Tue	4:58	5.1	3:39	5.4	10:01	3.0	10:30	-0.3	7:00	4:52	
25	Wed	5:56	5.2	4:57	4.9	11:29	2.7	11:33	0.1	7:01	4:52	
26	Thu	6:49	5.5	6:20	4.7			12:45	2.1	7:02	4:52	
27	Fri	7:35	5.8	7:40	4.6	12:33	0.5	1:48	1.4	7:03	4:51	
28	Sat	8:17	6.1	8:51	4.6	1:28	0.9	2:42	0.7	7:04	4:51	
29	Sun	8:55	6.3	9:54	4.7	2:17	1.2	3:29	0.2	7:05	4:51	
30	Mon	9:31	6.4	10:51	4.8	3:03	1.7	4:12	-0.2	7:06	4:50	