

Alcatraz Island, CA - Mar 2095

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	6:46	5.6	9:34	4.3	12:45	3.3	2:05	-0.1	6:40	6:03	
2	Wed	7:48	5.9	10:12	4.6	1:52	3.1	2:56	-0.6	6:38	6:04	
3	Thu	8:46	6.2	10:48	4.9	2:47	2.8	3:42	-0.9	6:37	6:05	
4	Fri	9:41	6.4	11:22	5.1	3:37	2.3	4:26	-1.1	6:35	6:06	
5	Sat	10:34	6.5	11:56	5.4	4:25	1.8	5:08	-1.1	6:34	6:07	
6	Sun	11:27	6.4			5:14	1.3	5:49	-0.8	6:32	6:08	
7	Mon	12:31	5.6	12:21	6.1	6:04	0.8	6:29	-0.4	6:31	6:09	
8	Tue	1:07	5.9	1:18	5.6	6:57	0.5	7:10	0.3	6:29	6:10	
9	Wed	1:45	6.0	2:19	5.1	7:52	0.2	7:54	1.0	6:28	6:11	
10	Thu	2:25	6.0	3:28	4.5	8:51	0.1	8:42	1.8	6:27	6:12	
11	Fri	3:09	6.0	4:52	4.2	9:58	0.1	9:41	2.4	6:25	6:13	
12	Sat	4:01	5.8	6:28	4.1	11:12	0.2	10:58	2.9	6:24	6:14	
13	Sun	6:02	5.5	8:54	4.3			1:28	0.1	7:22	7:15	
14	Mon	7:11	5.4	9:55	4.6	1:26	3.1	2:36	0.0	7:21	7:16	
15	Tue	8:19	5.3	10:42	4.8	2:40	2.9	3:33	-0.1	7:19	7:17	
16	Wed	9:20	5.4	11:20	4.9	3:39	2.6	4:19	-0.1	7:18	7:18	
17	Thu	10:11	5.4	11:52	5.0	4:26	2.3	4:58	-0.1	7:16	7:19	
18	Fri	10:57	5.4			5:06	2.0	5:31	0.0	7:14	7:19	
19	Sat	12:19	5.0	11:38 AM	5.3	5:43	1.7	6:01	0.1	7:13	7:20	
20	Sun	12:43	5.0	12:17	5.2	6:16	1.4	6:29	0.4	7:11	7:21	
21	Mon	1:05	5.1	12:55	5.0	6:49	1.2	6:55	0.7	7:10	7:22	
22	Tue	1:27	5.2	1:35	4.8	7:21	0.9	7:22	1.0	7:08	7:23	
23	Wed	1:50	5.2	2:16	4.5	7:55	0.8	7:49	1.5	7:07	7:24	
24	Thu	2:14	5.3	3:03	4.3	8:31	0.6	8:18	1.9	7:05	7:25	
25	Fri	2:42	5.3	3:58	4.0	9:13	0.5	8:52	2.4	7:04	7:26	
26	Sat	3:15	5.3	5:09	3.8	10:02	0.4	9:33	2.8	7:02	7:27	
27	Sun	3:56	5.2	6:39	3.7	11:02	0.4	10:34	3.2	7:01	7:28	
28	Mon	4:50	5.1	8:10	3.9			12:11	0.2	6:59	7:29	
29	Tue	6:00	5.1	9:11	4.2	12:05	3.3	1:23	0.0	6:58	7:30	
30	Wed	7:16	5.2	9:54	4.5	1:35	3.2	2:26	-0.3	6:56	7:31	
31	Thu	8:27	5.4	10:30	4.8	2:42	2.8	3:21	-0.5	6:55	7:31	