

Alcatraz Island, CA - Jan 2096

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	4:25	5.2	3:24	4.8	9:49	2.6	9:55	0.2	7:25	5:01	
2	Mon	5:08	5.4	4:46	4.3	11:08	2.1	10:47	0.9	7:25	5:02	
3	Tue	5:51	5.8	6:22	4.0			12:23	1.4	7:25	5:03	
4	Wed	6:36	6.1	7:58	4.0			1:29	0.6	7:25	5:03	
5	Thu	7:22	6.5	9:19	4.3	12:43	2.1	2:26	-0.1	7:25	5:04	
6	Fri	8:09	6.7	10:24	4.6	1:43	2.6	3:19	-0.7	7:25	5:05	
7	Sat	8:57	6.9	11:20	4.9	2:42	2.9	4:07	-1.1	7:25	5:06	
8	Sun	9:45	6.9			3:38	3.0	4:53	-1.3	7:25	5:07	
9	Mon	12:09	5.0	10:32 AM	6.9	4:31	3.0	5:38	-1.3	7:24	5:08	
10	Tue	12:54	5.1	11:19 AM	6.7	5:23	3.0	6:20	-1.2	7:24	5:09	
11	Wed	1:36	5.1	12:04	6.4	6:14	2.9	7:01	-1.0	7:24	5:10	
12	Thu	2:16	5.1	12:49	5.9	7:05	2.8	7:41	-0.6	7:24	5:11	
13	Fri	2:55	5.1	1:34	5.4	7:58	2.7	8:20	-0.1	7:24	5:12	
14	Sat	3:33	5.1	2:22	4.9	8:55	2.6	8:59	0.4	7:23	5:13	
15	Sun	4:10	5.1	3:18	4.3	9:59	2.4	9:40	1.0	7:23	5:14	
16	Mon	4:47	5.1	4:29	3.8	11:08	2.1	10:24	1.6	7:23	5:15	
17	Tue	5:25	5.2	6:05	3.5			12:15	1.7	7:22	5:16	
18	Wed	6:04	5.4	7:51	3.5			1:16	1.3	7:22	5:17	
19	Thu	6:46	5.5	9:13	3.8	12:14	2.7	2:07	0.8	7:21	5:18	
20	Fri	7:29	5.7	10:09	4.1	1:15	3.1	2:52	0.3	7:21	5:19	
21	Sat	8:12	5.9	10:52	4.4	2:11	3.2	3:32	-0.1	7:20	5:20	
22	Sun	8:55	6.1	11:29	4.6	2:59	3.3	4:10	-0.4	7:20	5:22	
23	Mon	9:38	6.3			3:42	3.3	4:46	-0.8	7:19	5:23	
24	Tue	12:03	4.7	10:20 AM	6.4	4:23	3.2	5:23	-1.0	7:19	5:24	
25	Wed	12:36	4.8	11:03 AM	6.5	5:03	3.0	5:59	-1.1	7:18	5:25	
26	Thu	1:09	4.9	11:47 AM	6.4	5:46	2.8	6:36	-1.1	7:17	5:26	
27	Fri	1:42	5.1	12:32	6.2	6:32	2.5	7:14	-0.9	7:17	5:27	
28	Sat	2:17	5.2	1:22	5.8	7:23	2.2	7:53	-0.4	7:16	5:28	
29	Sun	2:53	5.4	2:18	5.2	8:20	2.0	8:34	0.2	7:15	5:29	
30	Mon	3:31	5.6	3:25	4.6	9:26	1.6	9:19	0.9	7:14	5:30	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Tue	4:14	5.8	4:52	4.0	10:40	1.2	10:10	1.7	7:13	5:32	