

Alcatraz Island, CA - Aug 2096

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Wed			12:17	4.6	4:58	-0.1	4:31	3.3	6:14	8:17	
2	Thu			12:49	4.7	5:34	-0.4	5:11	3.2	6:15	8:16	
3	Fri			1:21	4.8	6:10	-0.6	5:50	3.1	6:16	8:15	
4	Sat			1:51	4.9	6:44	-0.7	6:30	2.8	6:17	8:14	
5	Sun	12:31	6.3	2:22	5.1	7:19	-0.7	7:13	2.6	6:17	8:13	
6	Mon	1:14	6.1	2:54	5.2	7:54	-0.5	8:00	2.3	6:18	8:12	
7	Tue	2:02	5.8	3:27	5.4	8:31	-0.2	8:53	2.0	6:19	8:11	
8	Wed	2:54	5.3	4:03	5.7	9:09	0.4	9:53	1.7	6:20	8:10	
9	Thu	3:57	4.8	4:42	5.9	9:51	1.0	11:00	1.3	6:21	8:08	
10	Fri	5:14	4.3	5:26	6.1	10:38	1.7			6:22	8:07	
11	Sat	6:51	4.0	6:17	6.3	12:14	0.9	11:36 AM	2.4	6:23	8:06	
12	Sun	8:31	4.1	7:15	6.4	1:28	0.4	12:46	2.9	6:23	8:05	
13	Mon	9:52	4.4	8:15	6.6	2:36	0.0	2:00	3.2	6:24	8:03	
14	Tue	10:52	4.7	9:15	6.7	3:36	-0.4	3:09	3.2	6:25	8:02	
15	Wed	11:40	5.0	10:11	6.7	4:29	-0.7	4:08	3.0	6:26	8:01	
16	Thu			12:22	5.1	5:16	-0.8	5:02	2.8	6:27	8:00	
17	Fri			1:00	5.2	5:59	-0.8	5:51	2.5	6:28	7:58	
18	Sat			1:36	5.3	6:39	-0.6	6:38	2.3	6:29	7:57	
19	Sun	12:38	6.3	2:09	5.4	7:16	-0.3	7:24	2.1	6:29	7:56	
20	Mon	1:24	5.9	2:41	5.4	7:51	0.1	8:10	1.9	6:30	7:54	
21	Tue	2:09	5.4	3:11	5.4	8:25	0.6	8:57	1.8	6:31	7:53	
22	Wed	2:57	4.9	3:41	5.4	8:59	1.2	9:47	1.7	6:32	7:52	
23	Thu	3:51	4.4	4:12	5.4	9:34	1.8	10:43	1.6	6:33	7:50	
24	Fri	4:58	4.0	4:49	5.4	10:14	2.4	11:47	1.4	6:34	7:49	
25	Sat	6:29	3.8	5:33	5.4	11:06	3.0			6:35	7:47	
26	Sun	8:20	3.9	6:26	5.4	12:54	1.2	12:20	3.4	6:35	7:46	
27	Mon	9:40	4.1	7:25	5.5	1:59	1.0	1:40	3.5	6:36	7:44	
28	Tue	10:29	4.4	8:22	5.6	2:55	0.7	2:44	3.5	6:37	7:43	
29	Wed	11:04	4.6	9:15	5.9	3:43	0.3	3:33	3.3	6:38	7:42	
30	Thu	11:35	4.7	10:04	6.1	4:24	0.0	4:14	3.0	6:39	7:40	
31	Fri			12:04	4.9	5:01	-0.2	4:53	2.7	6:40	7:39	