

Alcatraz Island, CA - Sep 2016

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat			12:32	5.0	5:37	-0.4	5:31	2.4	6:41	7:37	
2	Sun			1:01	5.2	6:11	-0.4	6:12	2.0	6:41	7:36	
3	Mon	12:21	6.2	1:30	5.5	6:46	-0.2	6:56	1.5	6:42	7:34	
4	Tue	1:10	6.0	2:01	5.7	7:21	0.1	7:43	1.1	6:43	7:33	
5	Wed	2:02	5.6	2:35	5.9	7:58	0.7	8:34	0.8	6:44	7:31	
6	Thu	3:00	5.2	3:11	6.1	8:38	1.3	9:32	0.6	6:45	7:30	
7	Fri	4:09	4.7	3:54	6.2	9:22	2.0	10:37	0.4	6:46	7:28	
8	Sat	5:32	4.3	4:44	6.2	10:15	2.6	11:50	0.3	6:46	7:26	
9	Sun	7:08	4.3	5:45	6.1	11:26	3.1			6:47	7:25	
10	Mon	8:37	4.5	6:55	6.1	1:08	0.1	12:54	3.3	6:48	7:23	
11	Tue	9:42	4.8	8:06	6.1	2:19	-0.1	2:14	3.2	6:49	7:22	
12	Wed	10:31	5.0	9:10	6.1	3:20	-0.2	3:19	2.9	6:50	7:20	
13	Thu	11:12	5.2	10:08	6.2	4:11	-0.3	4:13	2.5	6:51	7:19	
14	Fri	11:48	5.4	10:59	6.1	4:54	-0.3	5:00	2.1	6:51	7:17	
15	Sat			12:21	5.4	5:33	-0.1	5:43	1.7	6:52	7:16	
16	Sun			12:51	5.5	6:08	0.1	6:24	1.5	6:53	7:14	
17	Mon	12:32	5.7	1:18	5.5	6:41	0.5	7:03	1.2	6:54	7:12	
18	Tue	1:16	5.3	1:44	5.5	7:12	1.0	7:42	1.1	6:55	7:11	
19	Wed	2:01	5.0	2:09	5.5	7:43	1.5	8:21	0.9	6:56	7:09	
20	Thu	2:49	4.7	2:35	5.5	8:14	2.1	9:03	0.9	6:57	7:08	
21	Fri	3:43	4.4	3:04	5.4	8:48	2.6	9:50	0.9	6:57	7:06	
22	Sat	4:50	4.1	3:40	5.3	9:27	3.1	10:45	1.0	6:58	7:05	
23	Sun	6:17	4.0	4:28	5.2	10:23	3.5	11:52	1.0	6:59	7:03	
24	Mon	7:57	4.1	5:29	5.1	11:55	3.7			7:00	7:02	
25	Tue	9:04	4.3	6:40	5.1	1:02	0.8	1:26	3.6	7:01	7:00	
26	Wed	9:45	4.5	7:48	5.2	2:05	0.6	2:27	3.3	7:02	6:58	
27	Thu	10:16	4.7	8:48	5.4	2:57	0.4	3:14	3.0	7:03	6:57	
28	Fri	10:44	4.9	9:42	5.6	3:41	0.1	3:54	2.5	7:03	6:55	
29	Sat	11:11	5.1	10:33	5.8	4:19	0.0	4:33	2.0	7:04	6:54	
30	Sun	11:39	5.4	11:24	5.8	4:56	0.0	5:13	1.4	7:05	6:52	