

Alcatraz Island, CA - Jan 2097

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Tue	2:43	5.2	1:18	6.2	7:31	2.8	8:13	-0.9	7:25	5:02	
2	Wed	3:28	5.3	2:13	5.5	8:36	2.7	8:59	-0.3	7:25	5:02	
3	Thu	4:12	5.3	3:14	4.8	9:47	2.5	9:45	0.3	7:25	5:03	
4	Fri	4:57	5.4	4:26	4.2	11:02	2.1	10:34	1.0	7:25	5:04	
5	Sat	5:40	5.5	5:55	3.7			12:14	1.7	7:25	5:05	
6	Sun	6:21	5.6	7:35	3.6			1:18	1.2	7:25	5:06	
7	Mon	7:01	5.7	9:01	3.9	12:22	2.3	2:12	0.7	7:25	5:07	
8	Tue	7:40	5.9	10:05	4.1	1:19	2.8	2:57	0.3	7:25	5:08	
9	Wed	8:18	6.0	10:54	4.4	2:13	3.1	3:38	-0.1	7:24	5:09	
10	Thu	8:57	6.1	11:35	4.6	3:01	3.3	4:15	-0.3	7:24	5:10	
11	Fri	9:35	6.1			3:45	3.4	4:49	-0.5	7:24	5:11	
12	Sat	12:10	4.6	10:13 AM	6.2	4:24	3.3	5:23	-0.6	7:24	5:12	
13	Sun	12:42	4.7	10:51 AM	6.2	5:01	3.3	5:55	-0.7	7:23	5:13	
14	Mon	1:13	4.7	11:29 AM	6.1	5:37	3.2	6:28	-0.7	7:23	5:14	
15	Tue	1:43	4.8	12:07	6.0	6:14	3.0	7:01	-0.7	7:23	5:15	
16	Wed	2:14	4.8	12:46	5.7	6:56	2.9	7:34	-0.5	7:22	5:16	
17	Thu	2:45	4.9	1:30	5.4	7:43	2.7	8:10	-0.2	7:22	5:17	
18	Fri	3:18	5.1	2:22	4.9	8:39	2.4	8:48	0.4	7:21	5:18	
19	Sat	3:53	5.3	3:27	4.3	9:43	2.1	9:30	1.0	7:21	5:19	
20	Sun	4:31	5.6	4:55	3.8	10:56	1.6	10:19	1.7	7:20	5:20	
21	Mon	5:15	5.8	6:44	3.7			12:10	1.0	7:20	5:21	
22	Tue	6:04	6.1	8:24	3.9			1:18	0.3	7:19	5:22	
23	Wed	6:57	6.4	9:39	4.3	12:27	2.9	2:19	-0.4	7:19	5:23	
24	Thu	7:54	6.7	10:35	4.7	1:37	3.1	3:14	-0.9	7:18	5:25	
25	Fri	8:50	6.9	11:22	4.9	2:42	3.2	4:05	-1.3	7:17	5:26	
26	Sat	9:45	7.0			3:41	3.0	4:53	-1.5	7:17	5:27	
27	Sun	12:05	5.1	10:38 AM	7.0	4:36	2.8	5:38	-1.5	7:16	5:28	
28	Mon	12:45	5.2	11:28 AM	6.8	5:29	2.5	6:20	-1.3	7:15	5:29	
29	Tue	1:23	5.3	12:18	6.4	6:21	2.3	7:01	-0.9	7:14	5:30	
30	Wed	2:00	5.4	1:07	5.8	7:13	2.1	7:39	-0.4	7:14	5:31	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Thu	2:37	5.4	1:57	5.2	8:08	1.9	8:17	0.3	7:13	5:32	