

Alcatraz Island, CA - Mar 2097

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	1:41	5.5	1:48	4.8	7:38	1.0	7:35	1.0	6:39	6:03	
2	Sat	2:10	5.5	2:42	4.3	8:26	0.9	8:10	1.7	6:37	6:04	
3	Sun	2:40	5.4	3:49	3.9	9:18	0.9	8:48	2.4	6:36	6:05	
4	Mon	3:14	5.3	5:20	3.6	10:17	0.9	9:37	3.0	6:35	6:06	
5	Tue	3:57	5.2	7:19	3.7	11:25	0.8	10:56	3.4	6:33	6:07	
6	Wed	4:52	5.1	8:40	4.0			12:36	0.7	6:32	6:08	
7	Thu	5:58	5.0	9:25	4.2	12:31	3.5	1:39	0.5	6:30	6:09	
8	Fri	7:04	5.1	9:57	4.4	1:41	3.3	2:30	0.2	6:29	6:10	
9	Sat	8:02	5.3	10:24	4.5	2:32	3.1	3:13	-0.1	6:27	6:11	
10	Sun	9:53	5.5	11:49	4.7	4:13	2.7	4:49	-0.3	7:26	7:12	
11	Mon	10:39	5.6			4:50	2.4	5:22	-0.4	7:24	7:13	
12	Tue	12:14	4.8	11:23 AM	5.7	5:25	2.0	5:53	-0.3	7:23	7:14	
13	Wed	12:38	5.0	12:08	5.6	6:02	1.5	6:24	-0.2	7:21	7:15	
14	Thu	1:04	5.3	12:54	5.5	6:40	1.1	6:56	0.2	7:20	7:16	
15	Fri	1:31	5.5	1:43	5.2	7:22	0.6	7:30	0.7	7:18	7:17	
16	Sat	2:00	5.7	2:38	4.8	8:07	0.3	8:05	1.3	7:17	7:18	
17	Sun	2:33	5.9	3:41	4.4	8:57	0.0	8:44	1.9	7:15	7:19	
18	Mon	3:10	6.0	4:57	4.1	9:55	-0.1	9:31	2.5	7:14	7:20	
19	Tue	3:55	5.9	6:32	4.0	11:02	-0.2	10:34	3.1	7:12	7:21	
20	Wed	4:53	5.8	8:08	4.1			12:19	-0.2	7:11	7:22	
21	Thu	6:05	5.6	9:18	4.4	12:04	3.3	1:37	-0.3	7:09	7:23	
22	Fri	7:24	5.6	10:07	4.7	1:40	3.2	2:45	-0.5	7:08	7:24	
23	Sat	8:38	5.6	10:47	5.0	2:54	2.8	3:41	-0.6	7:06	7:25	
24	Sun	9:43	5.7	11:23	5.2	3:53	2.2	4:28	-0.6	7:05	7:26	
25	Mon	10:40	5.6	11:55	5.4	4:43	1.7	5:08	-0.4	7:03	7:26	
26	Tue	11:32	5.5			5:28	1.2	5:45	-0.1	7:02	7:27	
27	Wed	12:26	5.5	12:21	5.3	6:11	0.8	6:19	0.3	7:00	7:28	
28	Thu	12:54	5.6	1:09	5.0	6:51	0.5	6:52	0.8	6:58	7:29	
29	Fri	1:20	5.6	1:57	4.7	7:30	0.2	7:24	1.4	6:57	7:30	
30	Sat	1:45	5.6	2:46	4.4	8:09	0.1	7:56	1.9	6:55	7:31	
31	Sun	2:11	5.5	3:40	4.2	8:49	0.1	8:30	2.5	6:54	7:32	