

Alcatraz Island, CA - Jun 2007

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	3:38	4.8	6:34	4.5	10:50	-0.1	11:42	3.2	5:48	8:26	
2	Sun	4:39	4.4	7:12	4.7	11:40	0.1			5:48	8:27	
3	Mon	5:52	4.1	7:46	5.0	12:54	2.7	12:30	0.4	5:48	8:28	
4	Tue	7:14	3.9	8:20	5.4	1:53	2.1	1:19	0.8	5:48	8:28	
5	Wed	8:37	3.9	8:53	5.8	2:44	1.3	2:07	1.2	5:47	8:29	
6	Thu	9:54	4.0	9:28	6.2	3:31	0.5	2:55	1.7	5:47	8:29	
7	Fri	11:04	4.3	10:05	6.5	4:17	-0.3	3:43	2.1	5:47	8:30	
8	Sat			12:07	4.5	5:03	-1.0	4:31	2.5	5:47	8:30	
9	Sun			1:06	4.7	5:50	-1.6	5:22	2.8	5:47	8:31	
10	Mon			2:01	4.8	6:39	-1.9	6:14	3.0	5:47	8:31	
11	Tue	12:21	7.0	2:55	4.9	7:30	-1.9	7:11	3.1	5:47	8:32	
12	Wed	1:12	6.8	3:47	5.0	8:21	-1.8	8:13	3.1	5:47	8:32	
13	Thu	2:07	6.5	4:39	5.0	9:14	-1.5	9:22	3.0	5:47	8:33	
14	Fri	3:05	5.9	5:31	5.1	10:07	-1.0	10:39	2.8	5:47	8:33	
15	Sat	4:08	5.3	6:20	5.3	11:01	-0.5			5:47	8:33	
16	Sun	5:20	4.6	7:07	5.5	12:00	2.4	11:54 AM	0.1	5:47	8:34	
17	Mon	6:42	4.1	7:50	5.7	1:15	1.9	12:47	0.8	5:47	8:34	
18	Tue	8:10	3.8	8:30	5.9	2:21	1.3	1:38	1.4	5:47	8:34	
19	Wed	9:34	3.8	9:06	6.0	3:17	0.7	2:28	1.9	5:47	8:35	
20	Thu	10:45	4.0	9:40	6.1	4:04	0.2	3:16	2.4	5:48	8:35	
21	Fri	11:45	4.2	10:13	6.1	4:46	-0.2	4:01	2.8	5:48	8:35	
22	Sat			12:36	4.4	5:24	-0.4	4:45	3.1	5:48	8:35	
23	Sun			1:21	4.5	5:59	-0.6	5:26	3.3	5:48	8:35	
24	Mon			2:01	4.5	6:33	-0.6	6:06	3.4	5:49	8:35	
25	Tue			2:37	4.6	7:07	-0.7	6:44	3.4	5:49	8:35	
26	Wed	12:31	5.9	3:12	4.5	7:41	-0.7	7:23	3.4	5:49	8:36	
27	Thu	1:08	5.8	3:46	4.6	8:16	-0.6	8:05	3.3	5:50	8:36	
28	Fri	1:47	5.6	4:19	4.6	8:51	-0.5	8:53	3.3	5:50	8:36	
29	Sat	2:28	5.3	4:54	4.7	9:28	-0.3	9:49	3.1	5:51	8:36	
30	Sun	3:15	4.9	5:29	4.9	10:07	0.0	10:54	2.8	5:51	8:35	