

Alcatraz Island, CA - Nov 2097

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	10:42	6.0	11:11	5.0	4:03	0.8	4:54	0.5	7:36	6:10	
2	Sat	11:12	6.1			4:42	1.2	5:35	0.0	7:37	6:09	
3	Sun	12:06	4.9	11:59	4.8	4:19	1.7	5:14	-0.3	6:38	5:08	
4	Mon	11:08	6.2			4:55	2.2	5:51	-0.4	6:39	5:07	
5	Tue	12:50	4.7	11:36 AM	6.1	5:32	2.7	6:28	-0.4	6:40	5:06	
6	Wed	1:42	4.7	12:05	5.9	6:10	3.1	7:05	-0.4	6:41	5:05	
7	Thu	2:35	4.6	12:37	5.7	6:50	3.4	7:46	-0.2	6:42	5:04	
8	Fri	3:31	4.5	1:15	5.5	7:36	3.6	8:32	0.0	6:43	5:03	
9	Sat	4:31	4.4	2:00	5.2	8:36	3.7	9:24	0.2	6:44	5:02	
10	Sun	5:32	4.4	2:56	4.8	10:00	3.7	10:21	0.4	6:45	5:01	
11	Mon	6:24	4.5	4:04	4.6	11:26	3.5	11:20	0.5	6:46	5:00	
12	Tue	7:04	4.7	5:19	4.4			12:33	3.1	6:47	4:59	
13	Wed	7:35	4.9	6:34	4.3	12:14	0.6	1:25	2.6	6:48	4:59	
14	Thu	8:03	5.2	7:44	4.3	1:01	0.8	2:08	1.9	6:49	4:58	
15	Fri	8:30	5.5	8:47	4.4	1:43	1.0	2:47	1.2	6:51	4:57	
16	Sat	8:57	5.8	9:47	4.6	2:23	1.3	3:24	0.5	6:52	4:57	
17	Sun	9:26	6.2	10:45	4.7	3:02	1.6	4:03	-0.2	6:53	4:56	
18	Mon	9:58	6.5	11:41	4.8	3:41	2.1	4:43	-0.8	6:54	4:55	
19	Tue	10:33	6.7			4:22	2.5	5:27	-1.2	6:55	4:55	
20	Wed	12:38	4.9	11:13 AM	6.9	5:05	2.8	6:13	-1.4	6:56	4:54	
21	Thu	1:35	4.9	11:57 AM	6.8	5:52	3.1	7:03	-1.5	6:57	4:54	
22	Fri	2:33	4.9	12:47	6.6	6:46	3.3	7:57	-1.3	6:58	4:53	
23	Sat	3:33	4.9	1:43	6.3	7:49	3.4	8:55	-1.0	6:59	4:53	
24	Sun	4:33	4.9	2:47	5.8	9:07	3.3	9:57	-0.6	7:00	4:52	
25	Mon	5:31	5.0	4:01	5.2	10:37	3.1	10:59	-0.2	7:01	4:52	
26	Tue	6:23	5.3	5:23	4.7			12:02	2.5	7:02	4:51	
27	Wed	7:09	5.6	6:48	4.4			1:12	1.8	7:03	4:51	
28	Thu	7:50	5.9	8:08	4.3	12:53	0.8	2:11	1.1	7:04	4:51	
29	Fri	8:27	6.1	9:19	4.4	1:42	1.2	3:01	0.5	7:05	4:51	
30	Sat	9:00	6.2	10:22	4.5	2:28	1.7	3:44	0.0	7:06	4:50	