

Alcatraz Island, CA - Feb 2009

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:17	6.1	10:22	4.4	1:06	3.5	2:48	-0.4	7:12	5:33	
2	Mon	8:14	6.4	11:00	4.6	2:12	3.4	3:36	-0.9	7:11	5:34	
3	Tue	9:09	6.7	11:35	4.9	3:08	3.2	4:21	-1.3	7:11	5:35	
4	Wed	10:02	6.9			3:59	2.9	5:04	-1.5	7:10	5:36	
5	Thu	12:10	5.1	10:55 AM	6.9	4:50	2.5	5:45	-1.5	7:09	5:37	
6	Fri	12:44	5.3	11:47 AM	6.7	5:41	2.0	6:26	-1.2	7:08	5:39	
7	Sat	1:19	5.5	12:40	6.3	6:35	1.6	7:05	-0.7	7:07	5:40	
8	Sun	1:55	5.7	1:37	5.6	7:31	1.2	7:45	0.0	7:06	5:41	
9	Mon	2:32	5.9	2:39	4.9	8:32	1.0	8:26	0.8	7:05	5:42	
10	Tue	3:12	6.1	3:54	4.2	9:38	0.7	9:11	1.7	7:03	5:43	
11	Wed	3:56	6.1	5:29	3.8	10:51	0.6	10:06	2.5	7:02	5:44	
12	Thu	4:47	6.0	7:20	3.9			12:08	0.4	7:01	5:45	
13	Fri	5:45	5.9	8:48	4.2			1:21	0.1	7:00	5:46	
14	Sat	6:49	5.8	9:46	4.5	12:47	3.3	2:23	-0.1	6:59	5:47	
15	Sun	7:50	5.8	10:29	4.7	2:02	3.3	3:14	-0.3	6:58	5:48	
16	Mon	8:45	5.9	11:05	4.8	3:00	3.1	3:57	-0.4	6:57	5:49	
17	Tue	9:32	5.9	11:36	4.9	3:46	2.9	4:34	-0.4	6:55	5:51	
18	Wed	10:14	5.8			4:27	2.6	5:06	-0.4	6:54	5:52	
19	Thu	12:03	4.9	10:53 AM	5.7	5:03	2.4	5:34	-0.3	6:53	5:53	
20	Fri	12:27	4.9	11:30 AM	5.5	5:37	2.1	6:01	0.0	6:52	5:54	
21	Sat	12:48	5.0	12:07	5.3	6:11	1.9	6:26	0.3	6:50	5:55	
22	Sun	1:09	5.1	12:45	5.0	6:45	1.7	6:51	0.6	6:49	5:56	
23	Mon	1:30	5.2	1:26	4.6	7:22	1.5	7:17	1.1	6:48	5:57	
24	Tue	1:54	5.3	2:13	4.2	8:02	1.3	7:45	1.7	6:46	5:58	
25	Wed	2:21	5.4	3:13	3.8	8:49	1.1	8:15	2.2	6:45	5:59	
26	Thu	2:54	5.4	4:39	3.5	9:45	1.0	8:52	2.8	6:44	6:00	
27	Fri	3:36	5.5	6:39	3.5	10:54	0.8	9:49	3.3	6:42	6:01	
28	Sat	4:31	5.5	8:20	3.8			12:10	0.4	6:41	6:02	