

Alcatraz Island, CA - Oct 2100

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:02	5.4	10:43	5.7	4:17	0.1	4:36	1.4	7:05	6:52	
2	Sat	11:30	5.7	11:38	5.7	4:53	0.3	5:20	0.7	7:06	6:51	
3	Sun			12:00	6.1	5:30	0.6	6:05	0.1	7:07	6:49	
4	Mon	12:35	5.6	12:32	6.4	6:08	1.1	6:52	-0.4	7:08	6:48	
5	Tue	1:33	5.4	1:08	6.6	6:47	1.7	7:42	-0.7	7:09	6:46	
6	Wed	2:34	5.1	1:47	6.7	7:29	2.3	8:35	-0.8	7:10	6:45	
7	Thu	3:41	4.8	2:33	6.6	8:17	2.8	9:34	-0.7	7:11	6:43	
8	Fri	4:56	4.6	3:26	6.3	9:15	3.2	10:41	-0.4	7:11	6:42	
9	Sat	6:18	4.6	4:31	5.9	10:33	3.5	11:55	-0.2	7:12	6:40	
10	Sun	7:35	4.7	5:47	5.6			12:12	3.4	7:13	6:39	
11	Mon	8:36	4.9	7:06	5.3	1:08	0.0	1:37	3.1	7:14	6:37	
12	Tue	9:22	5.1	8:20	5.2	2:11	0.1	2:43	2.5	7:15	6:36	
13	Wed	10:00	5.3	9:24	5.2	3:03	0.2	3:37	2.0	7:16	6:35	
14	Thu	10:33	5.5	10:20	5.1	3:46	0.5	4:22	1.5	7:17	6:33	
15	Fri	11:01	5.6	11:11	5.0	4:23	0.8	5:02	1.0	7:18	6:32	
16	Sat	11:25	5.7	11:59	4.9	4:56	1.1	5:38	0.7	7:19	6:30	
17	Sun	11:48	5.7			5:26	1.6	6:12	0.4	7:20	6:29	
18	Mon	12:46	4.8	12:09	5.8	5:56	2.0	6:44	0.2	7:21	6:28	
19	Tue	1:31	4.7	12:32	5.8	6:26	2.4	7:16	0.1	7:22	6:26	
20	Wed	2:17	4.5	12:58	5.8	6:57	2.8	7:50	0.0	7:23	6:25	
21	Thu	3:06	4.4	1:27	5.7	7:30	3.2	8:28	0.1	7:24	6:24	
22	Fri	4:00	4.3	2:03	5.6	8:06	3.4	9:12	0.2	7:25	6:22	
23	Sat	5:03	4.2	2:46	5.4	8:51	3.6	10:04	0.3	7:26	6:21	
24	Sun	6:13	4.2	3:39	5.2	9:56	3.8	11:04	0.4	7:27	6:20	
25	Mon	7:17	4.3	4:45	5.0	11:30	3.7			7:28	6:19	
26	Tue	8:03	4.5	6:00	4.8	12:09	0.4	12:55	3.4	7:29	6:17	
27	Wed	8:38	4.7	7:17	4.8	1:09	0.3	1:58	2.8	7:30	6:16	
28	Thu	9:09	5.1	8:29	4.9	2:01	0.4	2:49	2.1	7:31	6:15	
29	Fri	9:38	5.5	9:36	5.0	2:47	0.5	3:35	1.3	7:32	6:14	
30	Sat	10:08	5.9	10:40	5.1	3:29	0.8	4:19	0.4	7:33	6:13	
31	Sun	10:39	6.3	11:41	5.1	4:10	1.2	5:04	-0.3	7:34	6:12	