

Ano Nuevo Island, CA - Dec 1969

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	4:13	4.0	2:33	3.5	10:06	2.9	9:38	0.7	7:04	4:52	
2	Tue	4:47	4.2	3:52	3.2	11:10	2.4	10:26	1.0	7:05	4:52	
3	Wed	5:19	4.5	5:16	3.1			12:02	1.8	7:06	4:52	
4	Thu	5:50	4.9	6:35	3.2			12:46	1.1	7:07	4:52	
5	Fri	6:21	5.2	7:45	3.4			1:27	0.3	7:08	4:52	
6	Sat	6:54	5.6	8:47	3.7	12:43	2.3	2:07	-0.4	7:08	4:52	
7	Sun	7:30	5.9	9:43	3.9	1:28	2.6	2:48	-1.0	7:09	4:52	
8	Mon	8:10	6.1	10:36	4.1	2:14	2.9	3:32	-1.4	7:10	4:52	
9	Tue	8:53	6.3	11:26	4.2	3:01	3.1	4:18	-1.7	7:11	4:52	
10	Wed	9:41	6.3			3:50	3.2	5:06	-1.8	7:12	4:52	
11	Thu	12:16	4.2	10:32 AM	6.2	4:43	3.2	5:55	-1.7	7:12	4:52	
12	Fri	1:05	4.3	11:26 AM	5.8	5:43	3.1	6:46	-1.4	7:13	4:52	
13	Sat	1:55	4.3	12:25	5.3	6:52	3.0	7:38	-0.9	7:14	4:53	
14	Sun	2:44	4.5	1:31	4.6	8:11	2.7	8:31	-0.3	7:15	4:53	
15	Mon	3:32	4.7	2:48	3.9	9:36	2.2	9:25	0.3	7:15	4:53	
16	Tue	4:18	5.0	4:17	3.5	10:55	1.6	10:20	1.0	7:16	4:53	
17	Wed	5:03	5.2	5:50	3.3			12:03	0.9	7:17	4:54	
18	Thu	5:45	5.5	7:14	3.4			1:00	0.3	7:17	4:54	
19	Fri	6:25	5.6	8:24	3.6	12:09	2.2	1:49	-0.3	7:18	4:55	
20	Sat	7:03	5.7	9:21	3.9	1:02	2.7	2:32	-0.6	7:18	4:55	
21	Sun	7:40	5.7	10:11	4.1	1:52	3.0	3:11	-0.8	7:19	4:55	
22	Mon	8:17	5.6	10:54	4.1	2:39	3.2	3:48	-0.9	7:19	4:56	
23	Tue	8:54	5.6	11:34	4.1	3:23	3.3	4:23	-0.9	7:20	4:57	
24	Wed	9:30	5.4			4:04	3.3	4:57	-0.8	7:20	4:57	
25	Thu	12:10	4.1	10:07 AM	5.3	4:44	3.3	5:32	-0.7	7:21	4:58	
26	Fri	12:44	4.0	10:44 AM	5.1	5:24	3.2	6:05	-0.6	7:21	4:58	
27	Sat	1:17	4.0	11:23 AM	4.8	6:08	3.1	6:39	-0.3	7:21	4:59	
28	Sun	1:49	4.0	12:04	4.4	6:57	3.0	7:14	0.0	7:22	5:00	
29	Mon	2:21	4.1	12:52	3.9	7:55	2.8	7:50	0.4	7:22	5:00	
30	Tue	2:54	4.3	1:51	3.4	9:02	2.5	8:29	0.9	7:22	5:01	

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
31	Wed	3:29	4.5	3:14	2.9	10:10	2.1	9:08	1.6	7:22	5:02	