

Ano Nuevo Island, CA - Jan 1970

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Thu	4:00	4.8	4:58	2.8	11:11	1.4	10:00	2.2	7:22	5:03	
2	Fri	4:40	5.1	6:39	3.0			12:07	0.7	7:23	5:03	
3	Sat	5:23	5.4	7:56	3.3			12:58	0.0	7:23	5:04	
4	Sun	6:10	5.7	8:53	3.7	12:03	3.0	1:46	-0.7	7:23	5:05	
5	Mon	7:00	6.0	9:41	4.0	1:02	3.2	2:33	-1.2	7:23	5:06	
6	Tue	7:51	6.3	10:25	4.2	1:58	3.2	3:20	-1.7	7:23	5:07	
7	Wed	8:43	6.5	11:06	4.3	2:52	3.1	4:06	-1.9	7:23	5:08	
8	Thu	9:35	6.4	11:47	4.5	3:45	2.9	4:52	-1.9	7:23	5:09	
9	Fri	10:28	6.2			4:41	2.6	5:36	-1.6	7:23	5:09	
10	Sat	12:27	4.6	11:22 AM	5.7	5:39	2.3	6:20	-1.2	7:23	5:10	
11	Sun	1:07	4.8	12:19	5.0	6:42	2.0	7:04	-0.5	7:22	5:11	
12	Mon	1:48	5.0	1:23	4.3	7:51	1.7	7:48	0.2	7:22	5:12	
13	Tue	2:31	5.2	2:39	3.6	9:06	1.4	8:36	1.1	7:22	5:13	
14	Wed	3:16	5.3	4:13	3.1	10:22	1.0	9:30	1.9	7:22	5:14	
15	Thu	4:04	5.4	5:58	3.1	11:34	0.5	10:33	2.5	7:21	5:15	
16	Fri	4:53	5.4	7:25	3.4			12:37	0.1	7:21	5:16	
17	Sat	5:44	5.4	8:28	3.7			1:31	-0.2	7:21	5:17	
18	Sun	6:33	5.4	9:16	3.9	12:47	3.2	2:17	-0.4	7:20	5:18	
19	Mon	7:19	5.5	9:56	4.1	1:43	3.2	2:57	-0.6	7:20	5:19	
20	Tue	8:02	5.4	10:31	4.1	2:31	3.2	3:33	-0.6	7:19	5:21	
21	Wed	8:41	5.4	11:01	4.1	3:12	3.0	4:05	-0.6	7:19	5:22	
22	Thu	9:19	5.3	11:28	4.1	3:50	2.9	4:35	-0.6	7:18	5:23	
23	Fri	9:55	5.2	11:53	4.1	4:26	2.7	5:04	-0.5	7:18	5:24	
24	Sat	10:31	4.9			5:02	2.6	5:31	-0.3	7:17	5:25	
25	Sun	12:18	4.2	11:08 AM	4.6	5:40	2.4	5:58	0.0	7:17	5:26	
26	Mon	12:43	4.3	11:48 AM	4.2	6:22	2.2	6:26	0.4	7:16	5:27	
27	Tue	1:09	4.5	12:34	3.7	7:09	2.0	6:56	0.9	7:15	5:28	
28	Wed	1:38	4.6	1:33	3.3	8:04	1.7	7:29	1.5	7:15	5:29	
29	Thu	2:12	4.8	2:57	2.9	9:08	1.4	8:08	2.2	7:14	5:30	
30	Fri	2:53	4.9	4:54	2.7	10:18	1.0	9:03	2.8	7:13	5:31	
31	Sat	3:42	5.1	6:46	3.0	11:28	0.4	10:20	3.2	7:12	5:32	