

Ano Nuevo Island, CA - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:38	4.0	3:13	5.4	8:36	1.1	9:55	1.0	6:14	8:16	
2	Mon	3:57	3.6	4:05	5.6	9:30	1.7	11:10	0.7	6:15	8:15	
3	Tue	5:27	3.4	5:02	5.7	10:34	2.2			6:16	8:14	
4	Wed	6:57	3.5	6:02	5.8	12:22	0.3	11:47 AM	2.5	6:17	8:13	
5	Thu	8:10	3.8	7:02	5.9	1:26	-0.1	12:59	2.6	6:17	8:12	
6	Fri	9:07	4.1	7:58	5.9	2:22	-0.4	2:02	2.5	6:18	8:11	
7	Sat	9:54	4.3	8:51	5.9	3:11	-0.6	2:59	2.4	6:19	8:10	
8	Sun	10:36	4.5	9:40	5.8	3:55	-0.6	3:49	2.2	6:20	8:09	
9	Mon	11:14	4.6	10:25	5.6	4:36	-0.6	4:37	2.0	6:21	8:08	
10	Tue	11:49	4.7	11:09	5.3	5:13	-0.4	5:21	1.9	6:22	8:07	
11	Wed			12:22	4.7	5:48	-0.1	6:05	1.8	6:22	8:05	
12	Thu			12:53	4.8	6:23	0.3	6:48	1.7	6:23	8:04	
13	Fri	12:36	4.6	1:23	4.8	6:57	0.7	7:33	1.6	6:24	8:03	
14	Sat	1:21	4.1	1:55	4.8	7:32	1.2	8:21	1.6	6:25	8:02	
15	Sun	2:12	3.7	2:30	4.8	8:09	1.7	9:16	1.5	6:26	8:01	
16	Mon	3:14	3.3	3:10	4.7	8:52	2.2	10:20	1.5	6:27	7:59	
17	Tue	4:33	3.1	3:58	4.7	9:45	2.6	11:28	1.3	6:27	7:58	
18	Wed	6:06	3.1	4:53	4.8	10:53	2.9			6:28	7:57	
19	Thu	7:24	3.3	5:50	4.9	12:31	1.0	12:04	3.0	6:29	7:55	
20	Fri	8:18	3.5	6:46	5.1	1:25	0.7	1:05	2.9	6:30	7:54	
21	Sat	8:59	3.8	7:38	5.3	2:11	0.3	1:56	2.7	6:31	7:53	
22	Sun	9:34	4.1	8:27	5.5	2:51	0.0	2:42	2.5	6:32	7:51	
23	Mon	10:07	4.3	9:15	5.6	3:29	-0.2	3:25	2.1	6:32	7:50	
24	Tue	10:39	4.6	10:03	5.6	4:06	-0.3	4:08	1.8	6:33	7:49	
25	Wed	11:13	4.8	10:52	5.5	4:42	-0.3	4:53	1.4	6:34	7:47	
26	Thu	11:47	5.1	11:43	5.3	5:20	-0.1	5:40	1.0	6:35	7:46	
27	Fri			12:24	5.4	5:59	0.2	6:30	0.7	6:36	7:45	
28	Sat	12:37	4.9	1:03	5.5	6:40	0.7	7:24	0.5	6:37	7:43	
29	Sun	1:36	4.5	1:46	5.6	7:24	1.2	8:24	0.4	6:37	7:42	
30	Mon	2:43	4.1	2:36	5.6	8:15	1.8	9:31	0.4	6:38	7:40	
31	Tue	4:02	3.8	3:33	5.5	9:16	2.3	10:46	0.3	6:39	7:39	