

Ano Nuevo Island, CA - Jan 1978

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	2:59	4.6	2:31	3.4	9:15	2.1	8:50	1.0	7:22	5:03	
2	Mon	3:44	4.8	3:59	3.2	10:25	1.7	9:47	1.5	7:23	5:03	
3	Tue	4:31	5.1	5:31	3.2	11:30	1.0	10:49	1.9	7:23	5:04	
4	Wed	5:20	5.4	6:51	3.4			12:27	0.3	7:23	5:05	
5	Thu	6:09	5.7	7:58	3.8			1:20	-0.4	7:23	5:06	
6	Fri	6:59	6.1	8:54	4.1	12:51	2.3	2:09	-0.9	7:23	5:07	
7	Sat	7:49	6.3	9:44	4.4	1:47	2.3	2:57	-1.4	7:23	5:08	
8	Sun	8:40	6.4	10:31	4.6	2:42	2.3	3:44	-1.6	7:23	5:09	
9	Mon	9:30	6.4	11:17	4.8	3:36	2.2	4:30	-1.6	7:23	5:09	
10	Tue	10:21	6.1			4:31	2.1	5:16	-1.4	7:23	5:10	
11	Wed	12:01	4.9	11:13 AM	5.7	5:27	2.0	6:01	-1.0	7:22	5:11	
12	Thu	12:46	5.0	12:07	5.1	6:26	1.9	6:47	-0.5	7:22	5:12	
13	Fri	1:31	5.0	1:04	4.5	7:29	1.8	7:34	0.1	7:22	5:13	
14	Sat	2:18	5.0	2:10	3.9	8:39	1.7	8:25	0.8	7:22	5:14	
15	Sun	3:07	5.0	3:28	3.4	9:53	1.5	9:21	1.4	7:21	5:15	
16	Mon	3:57	5.0	4:59	3.2	11:04	1.2	10:23	1.9	7:21	5:16	
17	Tue	4:47	5.1	6:26	3.3			12:08	0.8	7:21	5:17	
18	Wed	5:36	5.1	7:34	3.5			1:02	0.5	7:20	5:18	
19	Thu	6:22	5.2	8:27	3.7	12:26	2.5	1:47	0.2	7:20	5:20	
20	Fri	7:04	5.3	9:09	3.9	1:18	2.6	2:27	-0.1	7:19	5:21	
21	Sat	7:44	5.3	9:46	4.0	2:03	2.6	3:02	-0.2	7:19	5:22	
22	Sun	8:22	5.3	10:18	4.1	2:44	2.6	3:34	-0.4	7:18	5:23	
23	Mon	8:59	5.3	10:48	4.2	3:22	2.5	4:04	-0.4	7:18	5:24	
24	Tue	9:36	5.3	11:18	4.3	3:58	2.4	4:34	-0.4	7:17	5:25	
25	Wed	10:12	5.1	11:47	4.4	4:33	2.3	5:03	-0.4	7:17	5:26	
26	Thu	10:50	4.9			5:11	2.2	5:34	-0.2	7:16	5:27	
27	Fri	12:18	4.5	11:30 AM	4.6	5:51	2.1	6:07	0.1	7:15	5:28	
28	Sat	12:51	4.6	12:15	4.3	6:37	1.9	6:44	0.4	7:15	5:29	
29	Sun	1:27	4.7	1:09	3.8	7:30	1.7	7:24	0.9	7:14	5:30	
30	Mon	2:07	4.8	2:19	3.4	8:33	1.5	8:12	1.4	7:13	5:31	
31	Tue	2:53	5.0	3:48	3.1	9:43	1.1	9:11	1.9	7:12	5:32	