

Ano Nuevo Island, CA - Jan 1990

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	1:25	4.4	12:16	4.6	6:46	2.5	7:07	-0.2	7:22	5:03	
2	Tue	2:01	4.6	1:16	4.0	7:51	2.2	7:49	0.4	7:23	5:03	
3	Wed	2:40	4.9	2:33	3.4	9:03	1.7	8:36	1.1	7:23	5:04	
4	Thu	3:22	5.2	4:11	3.1	10:19	1.1	9:30	1.8	7:23	5:05	
5	Fri	4:08	5.5	5:56	3.1	11:30	0.5	10:33	2.4	7:23	5:06	
6	Sat	4:59	5.7	7:23	3.4			12:33	-0.2	7:23	5:07	
7	Sun	5:53	6.0	8:29	3.8			1:30	-0.8	7:23	5:08	
8	Mon	6:47	6.2	9:21	4.1	12:48	3.0	2:21	-1.2	7:23	5:09	
9	Tue	7:40	6.3	10:07	4.3	1:49	3.0	3:09	-1.4	7:23	5:10	
10	Wed	8:32	6.2	10:49	4.4	2:45	2.9	3:54	-1.5	7:22	5:11	
11	Thu	9:21	6.1	11:29	4.5	3:39	2.7	4:36	-1.4	7:22	5:11	
12	Fri	10:09	5.8			4:30	2.5	5:16	-1.1	7:22	5:12	
13	Sat	12:06	4.6	10:55 AM	5.3	5:21	2.4	5:54	-0.7	7:22	5:13	
14	Sun	12:42	4.6	11:41 AM	4.8	6:13	2.2	6:30	-0.2	7:22	5:14	
15	Mon	1:17	4.6	12:30	4.2	7:08	2.1	7:05	0.4	7:21	5:15	
16	Tue	1:51	4.7	1:25	3.6	8:07	1.9	7:42	1.1	7:21	5:16	
17	Wed	2:25	4.7	2:35	3.0	9:12	1.7	8:22	1.8	7:21	5:17	
18	Thu	3:02	4.7	4:12	2.7	10:20	1.4	9:10	2.4	7:20	5:19	
19	Fri	3:44	4.8	6:10	2.8	11:25	1.0	10:13	2.9	7:20	5:20	
20	Sat	4:30	4.9	7:35	3.1			12:23	0.6	7:19	5:21	
21	Sun	5:20	5.0	8:27	3.4			1:13	0.3	7:19	5:22	
22	Mon	6:10	5.2	9:05	3.6	12:30	3.3	1:56	-0.1	7:18	5:23	
23	Tue	6:58	5.3	9:37	3.8	1:22	3.3	2:34	-0.4	7:18	5:24	
24	Wed	7:43	5.5	10:07	4.0	2:06	3.2	3:10	-0.7	7:17	5:25	
25	Thu	8:26	5.6	10:35	4.1	2:46	3.0	3:43	-0.9	7:17	5:26	
26	Fri	9:08	5.7	11:04	4.2	3:25	2.7	4:16	-1.0	7:16	5:27	
27	Sat	9:50	5.6	11:33	4.4	4:06	2.4	4:49	-1.0	7:15	5:28	
28	Sun	10:35	5.3			4:49	2.1	5:23	-0.7	7:14	5:29	
29	Mon	12:03	4.7	11:23 AM	4.9	5:37	1.8	5:58	-0.3	7:14	5:30	
30	Tue	12:34	4.9	12:16	4.4	6:29	1.5	6:35	0.3	7:13	5:31	
31	Wed	1:09	5.1	1:20	3.8	7:29	1.1	7:14	1.1	7:12	5:33	