

Antioch, CA - Mar 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Mon	3:31	3.6	3:06	3.6	9:35	1.2	10:00	0.3	6:38	6:00	●
2	Tue	4:01	3.6	3:47	3.4	10:19	1.1	10:27	0.5	6:36	6:01	●
3	Wed	4:25	3.6	4:31	3.3	11:02	1.1	10:52	0.7	6:35	6:02	●
4	Thu	4:43	3.7	5:23	3.1	11:47	1.0	11:19	0.8	6:33	6:03	●
5	Fri	5:02	3.8	6:26	2.9			12:36	1.0	6:32	6:04	●
6	Sat	5:33	3.9	7:38	2.7			1:32	0.9	6:30	6:05	●
7	Sun	6:15	3.9	8:49	2.7	12:35	1.2	2:35	0.8	6:29	6:06	●
8	Mon	7:07	3.9	9:54	2.8	1:28	1.3	3:39	0.7	6:28	6:07	●
9	Tue	8:11	3.9	10:52	2.9	2:31	1.4	4:39	0.5	6:26	6:08	●
10	Wed	9:21	4.0	11:42	3.0	3:40	1.4	5:33	0.3	6:25	6:09	●
11	Thu	10:28	4.1			4:45	1.4	6:20	0.1	6:23	6:10	●
12	Fri	12:26	3.1	11:26 AM	4.2	5:46	1.2	7:03	0.1	6:22	6:11	●
13	Sat	1:06	3.2	12:20	4.2	6:42	1.0	7:42	0.1	6:20	6:12	○
14	Sun	1:41	3.4	1:12	4.2	7:37	0.8	8:20	0.1	6:19	6:13	○
15	Mon	2:14	3.6	2:05	4.1	8:31	0.6	8:57	0.2	6:17	6:14	○
16	Tue	2:45	3.7	2:59	3.9	9:26	0.4	9:34	0.3	6:15	6:15	○
17	Wed	3:18	3.9	3:56	3.6	10:21	0.2	10:13	0.5	6:14	6:16	○
18	Thu	3:54	4.1	4:58	3.4	11:18	0.2	10:54	0.6	6:12	6:17	○
19	Fri	4:36	4.1	6:05	3.1			12:18	0.1	6:11	6:18	○
20	Sat	5:24	4.1	7:15	3.0			1:21	0.1	6:09	6:19	○
21	Sun	6:23	4.0	8:26	2.9	12:35	1.0	2:27	0.1	6:08	6:20	○
22	Mon	7:41	3.8	9:33	3.0	1:39	1.2	3:32	0.1	6:06	6:21	●
23	Tue	9:05	3.7	10:34	3.2	2:51	1.3	4:34	0.0	6:05	6:22	●
24	Wed	10:16	3.7	11:28	3.3	4:03	1.2	5:30	-0.1	6:03	6:23	●
25	Thu	11:16	3.7			5:09	1.1	6:19	-0.1	6:02	6:24	●
26	Fri	12:17	3.5	12:07	3.6	6:09	1.0	7:02	-0.1	6:00	6:24	●
27	Sat	1:01	3.6	12:54	3.6	7:03	0.9	7:41	0.1	5:59	6:25	●
28	Sun	1:40	3.6	1:38	3.4	7:52	0.8	8:16	0.2	5:57	6:26	●
29	Mon	2:15	3.6	2:21	3.3	8:38	0.7	8:48	0.4	5:56	6:27	●
30	Tue	2:44	3.6	3:04	3.2	9:22	0.6	9:17	0.6	5:54	6:28	●
31	Wed	3:06	3.6	3:48	3.0	10:04	0.6	9:45	0.8	5:53	6:29	●