

Antioch, CA - May 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sat	3:53	3.8	6:22	2.7			12:07	-0.1	6:10	7:58	
2	Sun	4:28	3.9	7:12	2.7			12:46	-0.1	6:09	7:59	
3	Mon	5:10	3.9	8:04	2.7	12:01	1.2	1:27	-0.1	6:07	8:00	
4	Tue	5:58	3.8	8:56	2.8	12:50	1.2	2:12	-0.1	6:06	8:01	
5	Wed	6:53	3.6	9:48	2.9	1:48	1.3	3:02	0.0	6:05	8:01	
6	Thu	7:58	3.5	10:37	3.0	2:55	1.2	3:55	0.0	6:04	8:02	
7	Fri	9:17	3.3	11:21	3.2	4:06	1.1	4:48	0.1	6:03	8:03	
8	Sat	10:44	3.2			5:17	0.8	5:38	0.2	6:02	8:04	
9	Sun	12:01	3.4	11:59 AM	3.1	6:22	0.5	6:25	0.3	6:01	8:05	
10	Mon	12:37	3.6	1:03	3.1	7:23	0.1	7:10	0.4	6:00	8:06	
11	Tue	1:11	3.8	2:03	3.0	8:21	-0.2	7:55	0.6	5:59	8:07	
12	Wed	1:44	4.0	3:02	3.0	9:16	-0.4	8:40	0.7	5:58	8:08	
13	Thu	2:21	4.1	4:00	2.9	10:10	-0.6	9:27	0.9	5:57	8:09	
14	Fri	3:00	4.2	4:58	2.9	11:02	-0.7	10:18	1.0	5:57	8:10	
15	Sat	3:43	4.1	5:56	2.9	11:54	-0.7	11:11	1.0	5:56	8:10	
16	Sun	4:30	4.0	6:53	2.9			12:45	-0.7	5:55	8:11	
17	Mon	5:20	3.8	7:49	3.0	12:06	1.1	1:35	-0.6	5:54	8:12	
18	Tue	6:18	3.6	8:45	3.1	1:06	1.2	2:26	-0.4	5:53	8:13	
19	Wed	7:32	3.3	9:39	3.3	2:10	1.2	3:17	-0.3	5:53	8:14	
20	Thu	8:59	3.0	10:31	3.4	3:18	1.2	4:07	-0.1	5:52	8:15	
21	Fri	10:18	2.9	11:19	3.6	4:29	1.0	4:57	0.1	5:51	8:16	
22	Sat	11:25	2.8			5:36	0.8	5:43	0.3	5:50	8:16	
23	Sun	12:03	3.7	12:25	2.7	6:38	0.5	6:26	0.4	5:50	8:17	
24	Mon	12:42	3.8	1:19	2.7	7:32	0.2	7:06	0.6	5:49	8:18	
25	Tue	1:17	3.8	2:11	2.7	8:22	0.0	7:44	0.8	5:49	8:19	
26	Wed	1:46	3.8	3:00	2.7	9:08	-0.1	8:21	1.0	5:48	8:19	
27	Thu	2:09	3.8	3:49	2.7	9:50	-0.2	8:57	1.1	5:48	8:20	
28	Fri	2:27	3.9	4:36	2.7	10:31	-0.3	9:35	1.2	5:47	8:21	
29	Sat	2:52	3.9	5:22	2.7	11:09	-0.3	10:16	1.3	5:47	8:22	
30	Sun	3:25	4.0	6:08	2.8	11:46	-0.3	10:59	1.3	5:46	8:22	
31	Mon	4:04	4.0	6:52	2.8			12:22	-0.4	5:46	8:23	