

Antioch, CA - Aug 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Sun	7:34	3.3	8:00	4.0	2:16	0.9	1:46	0.6	6:10	8:16	
2	Mon	9:02	3.0	8:57	4.1	3:27	0.8	2:37	0.8	6:11	8:15	
3	Tue	10:25	2.9	10:02	4.2	4:40	0.6	3:37	1.1	6:12	8:14	
4	Wed	11:37	2.9	11:07	4.2	5:50	0.3	4:46	1.3	6:13	8:13	
5	Thu			12:41	3.0	6:53	0.1	5:55	1.4	6:13	8:12	
6	Fri	12:06	4.3	1:38	3.1	7:48	-0.2	6:59	1.4	6:14	8:11	
7	Sat	12:59	4.3	2:31	3.3	8:38	-0.3	7:58	1.4	6:15	8:10	
8	Sun	1:48	4.3	3:19	3.4	9:23	-0.3	8:52	1.4	6:16	8:08	
9	Mon	2:33	4.2	4:04	3.5	10:05	-0.3	9:44	1.4	6:17	8:07	
10	Tue	3:17	4.0	4:46	3.5	10:44	-0.1	10:33	1.3	6:18	8:06	
11	Wed	4:00	3.9	5:24	3.6	11:19	0.1	11:21	1.3	6:19	8:05	
12	Thu	4:44	3.7	5:59	3.6	11:52	0.3			6:20	8:04	
13	Fri	5:32	3.5	6:31	3.7	12:09	1.3	12:22	0.5	6:20	8:02	
14	Sat	6:26	3.2	7:00	3.7	12:59	1.2	12:51	0.7	6:21	8:01	
15	Sun	7:32	3.0	7:30	3.8	1:52	1.2	1:23	0.9	6:22	8:00	
16	Mon	8:46	2.8	8:06	3.8	2:52	1.1	2:01	1.1	6:23	7:59	
17	Tue	9:58	2.7	8:54	3.9	3:57	1.0	2:50	1.3	6:24	7:57	
18	Wed	11:05	2.8	9:52	3.9	5:02	0.8	3:49	1.5	6:25	7:56	
19	Thu			12:05	2.9	6:02	0.5	4:53	1.5	6:26	7:55	
20	Fri			12:57	3.0	6:55	0.3	5:55	1.5	6:27	7:53	
21	Sat			1:45	3.1	7:41	0.2	6:52	1.4	6:27	7:52	
22	Sun	12:34	4.2	2:27	3.2	8:22	0.1	7:45	1.3	6:28	7:51	
23	Mon	1:20	4.3	3:06	3.3	9:01	0.0	8:36	1.2	6:29	7:49	
24	Tue	2:06	4.3	3:40	3.4	9:37	0.0	9:26	1.0	6:30	7:48	
25	Wed	2:52	4.3	4:11	3.5	10:12	0.1	10:16	0.8	6:31	7:46	
26	Thu	3:41	4.2	4:39	3.7	10:46	0.2	11:08	0.7	6:32	7:45	
27	Fri	4:33	4.0	5:08	3.9	11:19	0.3			6:33	7:44	
28	Sat	5:29	3.7	5:42	4.1	12:03	0.6	11:55 AM	0.5	6:33	7:42	
29	Sun	6:32	3.4	6:23	4.2	1:01	0.5	12:35	0.7	6:34	7:41	
30	Mon	7:46	3.1	7:13	4.2	2:04	0.5	1:22	0.9	6:35	7:39	
31	Tue	9:03	3.0	8:17	4.1	3:12	0.4	2:18	1.1	6:36	7:38	