

Antioch, CA - Oct 1976

Date		High				Low						
		AM	ft	PM	ft	AM	ft	PM	ft	Rise	Set	Moon
1	Fri	11:05	3.2	10:39	3.5	4:59	-0.1	4:35	1.2	7:03	6:50	
2	Sat			12:01	3.4	5:57	-0.1	5:45	1.1	7:04	6:48	
3	Sun			12:51	3.6	6:48	-0.1	6:49	0.9	7:05	6:47	
4	Mon	12:45	3.5	1:36	3.7	7:34	-0.1	7:46	0.7	7:06	6:45	
5	Tue	1:36	3.4	2:16	3.7	8:16	0.1	8:37	0.6	7:06	6:44	
6	Wed	2:24	3.3	2:52	3.7	8:53	0.3	9:25	0.5	7:07	6:42	
7	Thu	3:10	3.2	3:22	3.7	9:28	0.5	10:11	0.4	7:08	6:41	
8	Fri	3:56	3.0	3:46	3.6	9:59	0.7	10:54	0.3	7:09	6:39	
9	Sat	4:43	2.9	4:01	3.7	10:28	0.9	11:35	0.3	7:10	6:38	
10	Sun	5:31	2.8	4:18	3.7	10:57	1.0			7:11	6:36	
11	Mon	6:22	2.8	4:45	3.8	12:16	0.2	11:29 AM	1.1	7:12	6:35	
12	Tue	7:15	2.7	5:21	3.8	12:57	0.2	12:07	1.2	7:13	6:33	
13	Wed	8:11	2.7	6:04	3.8	1:41	0.2	12:53	1.3	7:14	6:32	
14	Thu	9:09	2.7	6:56	3.7	2:30	0.2	1:48	1.4	7:15	6:30	
15	Fri	10:05	2.8	7:57	3.5	3:23	0.2	2:53	1.4	7:16	6:29	
16	Sat	10:57	2.9	9:12	3.4	4:18	0.2	4:04	1.3	7:17	6:28	
17	Sun	11:43	3.1	10:35	3.4	5:11	0.1	5:12	1.1	7:18	6:26	
18	Mon			12:24	3.2	6:00	0.1	6:15	0.8	7:19	6:25	
19	Tue			12:59	3.4	6:44	0.2	7:13	0.5	7:20	6:24	
20	Wed	12:50	3.4	1:30	3.6	7:26	0.3	8:09	0.2	7:21	6:22	
21	Thu	1:48	3.3	1:58	3.8	8:06	0.4	9:03	-0.1	7:22	6:21	
22	Fri	2:44	3.2	2:27	4.0	8:45	0.5	9:56	-0.4	7:23	6:20	
23	Sat	3:41	3.1	3:02	4.2	9:27	0.7	10:49	-0.5	7:24	6:18	
24	Sun	4:39	3.0	3:41	4.2	10:11	0.8	11:43	-0.6	7:25	6:17	
25	Mon	5:39	3.0	4:26	4.2	11:00	0.9			7:26	6:16	
26	Tue	6:39	2.9	5:15	4.1	12:37	-0.6	11:53 AM	1.0	7:27	6:15	
27	Wed	7:41	2.9	6:10	3.8	1:31	-0.6	12:53	1.1	7:28	6:13	
28	Thu	8:42	3.0	7:19	3.5	2:28	-0.5	1:58	1.1	7:29	6:12	
29	Fri	9:42	3.2	8:50	3.3	3:25	-0.4	3:10	1.1	7:30	6:11	
30	Sat	10:39	3.3	10:16	3.1	4:21	-0.3	4:23	1.1	7:31	6:10	
31	Sun	10:31	3.5	10:26	3.0	4:15	-0.2	4:33	0.9	6:32	5:09	